




Been around the world

Global goodies – from Samoa to Switzerland

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Moore art for the masses

The curious life and times of Henry Moore's 'Old Flo'

SEE PAGE 13



Jamie's top tips to cook up a treat

Parents join the Ministry of Food

SEE PAGES 18 & 19

Tributes to a ‘truly wonderful’ girl

CENTENARY CELEBRATIONS



A SURVIVOR of two World Wars celebrated his 100th birthday surrounded by friends. Fred Brame, pictured, was given a special birthday party by community organisation Neighbours in Poplar at St Matthias Community Centre in Poplar High Street on Friday, July 24.

BY HELEN WATSON

PUPILS and teachers at a Limehouse school have paid tribute to their classmate who died in Mile End Park.

Five-year-old Alexia Walenka from Poplar died on Friday, July 17 at Mile End Children's Park.

Police were called to the park at 5.35pm to reports of an injured child at the play area off Locksley Street. Officers and London Ambulance Service attended the scene and found Alexia in cardiac arrest.

She was taken to an east London hospital, where she died that evening.

Tributes on the website of Stepney Greencoat School describe "a truly wonderful girl who will always be remembered".

The school said: "Our hearts go out to, our tears are with, and our prayers are for Alexia's family. As children, parents, staff and governors we are all struggling to come to terms with this sad, sad loss. We have set up a temporary memorial for Alexia and are collecting money for her family. All this cannot take

away our grief or, more importantly, the pain which Alexia's family feels."

The school has also set up a book of prayers, memories and condolences.

Mayor John Biggs led a minute's silence in her memory at Wednesday's council meeting.

"I would like to extend my deepest sympathy to the family. I can only imagine the pain and grief they are going through.

"A joint investigation is being carried out into the circumstances of the incident

by the Metropolitan Police and the Health and Safety Executive.

"The council is co-operating fully with the investigation. At this stage I am not able to make any further comment.

"I understand and appreciate concerns which have been raised as a result of the tragic accident at Mile End Park and I have asked for additional checks on all parks play equipment."

Detectives are asking for witnesses. Anyone who saw the incident should call police on 8345 3715.

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Alfresco baking class

“My class, which studied Samoa, learnt how people wrap their food in leaves to bake over an outdoor oven.”

YEAR TWO TEACHER SANDRA PENNOCK



The day the world ate lunch together

Parent volunteers prepared more than 700 picnic bags for the world families day celebration as children from the Isle of Dogs celebrated international cultural diversity.

SEE BELOW

News

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East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.



The pupils of Cubitt Town Infant and Junior schools on the Isle of Dogs took to the streets in national dress to recognise the traditions and customs of the 27 nations represented in the school

A global family picnic

BY JESSICA ODUBAYO

CHILDREN at Cubitt Town Infant and Junior schools on the Isle of Dogs celebrated the end of term with a world families day.

Classes dressed up to represent countries as diverse as Switzerland and Samoa. More than 700 children paraded through the island and then had a family picnic with games, dancing and Mr Mojo the clown.

Year two teacher Sandra Pennock told East End Life that more than 27 nationalities are represented at the school. Each class carried out research into the traditions, languages, food, customs and costumes of a country.

Pupils worked with their teachers to make the traditional outfits for their parade. “My class, which studied Samoa, learnt how people wrap their food in leaves to bake

over an outdoor oven,” Ms Pennock said. “We also learnt about some of their costumes and tattoos.”

Other nations represented on the day included Jamaica and India.

Parent volunteers were involved in the event and prepared more than 700 picnic bags for the celebration.

Head teacher Nikki Daly said: “This was an amazing day and a great way to bring our school community together to celebrate another fantastic year.”

Leanna and Aleena blossomed in their chosen national costume

Photos by Sandra Pennock



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Tributes to a 'truly wonderful' girl

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soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email abdul.miah@towerhamlets.gov.uk

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Ticket giveaway for a tiptop summer

Schools are out for summer and East End Life has family tickets to top London attractions to give away. Make sure you pick up your copy of East End Life next week for your chance to win.

SEE NEXT WEEK'S GET A LIFE



Spotted a fake?

If you think a business is selling counterfeit or smuggled tobacco...

CALL 7364 5008

News

Man sexually assaulted teen twice

Information sought on bus attacker



CCTV images of the attacker

BY STAFF REPORTER

DETECTIVES are appealing for help in identifying an attacker after a teenage girl was sexually assaulted twice on the same bus route.

The assaults took place on the 339 bus, from Leytonstone to Shadwell.

The exact date of the first incident is not known, but is believed to have been in January or February at about 7pm.

The second incident occurred on Saturday, March 14 at 6.30pm.

On both occasions the suspect boarded a route 339 bus at

Martha Street, Shadwell and sat next to the victim, a 15-year-old-girl. He sexually assaulted her before getting off the bus.

The suspect is described as a light-skinned Asian man wearing a dark brown leather jacket and a black and grey beanie hat.

Officers from the roads and transport policing command have released CCTV images and ask anyone with information to contact PC Naomi Goodman, who is leading the investigation on 07534 259 243.

To remain anonymous, call Crimestoppers on 0800 555 111, quoting reference 175801.



A sniffer dog at work

A LARGE quantity of counterfeit tobacco has been seized, thanks to a team of sniffer dogs. The council's trading standards led a team of tobacco-detection canines alongside police and customs officers in an exercise during July. A total of 3,120 illicit cigarettes, 11 packs of illegal rolling tobacco and 183 Shisha tobacco products were found. The dogs, vital to the exercise's success, were provided by Wagtail UK. The council began working with the group in August 2014 as part of Operation Henry, in which tobacco with an estimated street value of £21,000 was seized in Tower Hamlets. The dogs are able to identify hidden locations of illicit products that could otherwise be missed in a search. None of the tobacco seized during the operation displayed the health warnings required by the Consumer Protection Act 1987 and duty was not paid, contrary to the Customs and Excise Management Act.

Bethnal Green stabbing

A 30-YEAR-OLD man has been arrested in connection with a stabbing on an estate.

Police were called to Colebert House in Bethnal Green during the early hours of July 18 following reports of a disturbance.

Paramedics were already at the scene and treated a 21-year-old for a stab wound to his side.

He was taken to the Royal London hospital and is now in a stable condition.

The man was arrested on suspicion of grievous bodily

harm (GBH) and has been bailed to appear at a later date pending further enquiries.

Detectives from the Trident gang command are investigating.

The Metropolitan Police has stepped up its patrols across London this week to coincide with the sentencing guidelines for knife crime.

Adults convicted more than once of being in possession of a blade will face a minimum six-month prison sentence.

Head of Trident Detective

Chief Superintendent Dean Haydon said: "The people of London can expect to see lots of co-ordinated and intelligence-led police activity over the coming week.

"We will be carrying out a variety of operations including weapon sweeps and stop and search; as well as targeting known offenders."

Anyone with information about the assault is asked to call police on 101 or Crimestoppers anonymously on 0800 555 111.

News in brief

Charity fundraising run for deaf charity

A CHARITY run to raise funds for and awareness of deaf communities will take place at Mile End Park on August 1.

Organised by deaf charity Al Isharah, the event features a tug-of-war, sumo wrestling and an inflatable football tournament. There will also be food stalls, arts and crafts and British Sign Language interpreters.

The event runs from 10am-6pm. Visit www.alisharah.com

Speed dating

STEPNEY City Farm is hosting a speed-dating afternoon.

Singles can expect tea drinking, cake eating, plant-watering and giving the farm's chickens a health check.

The event will raise funds for the farm's work, adopting ex-commercial chickens, buying feed and medicine, and running the Furry Tales project, which brings small animals into care to combat social isolation.

Participants will start the afternoon with tea and home-made cakes and a tour of the farm. Then singles can get to know one another in the field speed dating activity – and let the host know who they are interested in speaking to again.

The event is on Sunday, August 2 from 2.30pm at the farm in Stepney Way. Tickets cost £15.

Visit www.billetto.co.uk/singlesatthefarm or www.stepnecityfarm.org

'Don't demolish our estate'

AN MP has backed residents' calls for a social landlord to refurbish an estate rather than demolish it.

EastEnd Homes plans to bulldoze the homes of 600 residents on the Holland Estate in Spitalfields. Residents have been handed demolition notices and feasibility studies have started.

The social housing landlord has come under increasing pressure to explain what has happened to money that was promised for refurbishment.

Bow and Bethnal Green MP

Rushanara Ali has called on housing minister Brandon Lewis to investigate the issue.

Last month, the estate's tenant-led board unanimously backed a motion for EastEnd Homes to abandon the demolition and not replace the 192 low-cost social rent homes with a 25-storey block of 263 luxury flats and 165 'affordable' homes.

Residents argue it is overdevelopment driven by the desire for profit, and have received cross-party support from councillors and Mayor John Biggs.

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Mayor pledges support for museum

The Museum of Immigration and Diversity at 19 Princelet Street in Spitalfields is housed in a grade II-listed building that was once the home of a Huguenot weaver.

[WWW.19PRINCELETSTREET.ORG.UK](http://www.19PRINCELETSTREET.ORG.UK)

Speak out on crime

Crime and anti-social behaviour can be reported anonymously to Crimestoppers on 0800 555 111.

News



LONDON mayor Boris Johnson has pledged his support to raise vital funds for Britain's only immigration museum following a "fascinating" tour. The mayor (pictured

above) visited the Museum of Immigration and Diversity at 19 Princelet Street in Spitalfields on July 23. He was given a tour of the grade II-listed building and its Suitcases and Sanctuary

exhibition, which explores how immigration has shaped the capital as seen through the eyes of schoolchildren. He signed the visitors' book and spoke of his support to

help the museum's team raise £3m to safeguard the building's future, before later tweeting that his visit was "fascinating".

News in brief

Union strike at Uni

MORE than 250 UNISON members at London Metropolitan University were on strike on Friday, July 24 over compulsory redundancies.

The university proposed to cut 165 jobs, which has been negotiated down to just three compulsory redundancies.

Max Watson, UNISON branch secretary, is one of the three and the only member of his faculty being made redundant.

Dave Prentis, union general secretary, said: "Max has been a redoubtable defender of UNISON members and, without his work, members would have lost their jobs as the university has sought to cut back over the years.

"UNISON will do all it can to defend our members' jobs."

A spokesman for the university said: "London Met has

worked tirelessly to mitigate the need for compulsory redundancies. We have worked closely with our trades unions to achieve this.

"Our priority as a university is in supporting our students, and we have contingencies in place to minimise disruption to them during any strike action."

Museum's Big Dig

THE Museum of London is hosting a free family-fun archaeology event called Big Dig at London Wall from July 25 to August 6.

Children will be given the chance to unearth London's past in their very own trench using a trowel and other tools.

Tickets for the hour-long sessions will be allocated on a first-serve basis on the day. Visit www.museumoflondon.org.uk/holidays

Report crime, urges council

BY SUSAN MULLIGAN

THE council is urging residents to report crime or anti-social behaviour.

Between January and February 2015, independent researchers held face-to-face interviews with more than a thousand residents. The consultation found that concern over crime has remained at historically low levels.

But with the light nights and school summer holidays now here, residents are in a good position to see what is going

on in their neighbourhood.

From anti-social behaviour and abuse, to violence and gangs, residents can help by reporting anything untoward. This can be done quickly and easily, with no need to give your name.

Reporting crime or anti-social behaviour means that the police can build up a better picture of what's going on in local areas and make sure they allocate resources more effectively.

It can also prevent someone else from being a victim of crime. Sometimes, just one

report from a witness can make the difference to enable the police to take action against dangerous criminals.

Crime and anti-social behaviour can be reported anonymously to Crimestoppers. If you have information about a crime but would prefer to offer it in confidence, call free on 0800 555 111.

To report a non-emergency crime to the police, call 101.

To report a crime in an emergency, or if you think there is an immediate threat to life or property, dial 999.

Man's body pulled from Millwall dock

A BODY has been recovered from Millwall dock.

The Metropolitan Police Marine Unit and officers from Tower Hamlets were called to Quay West, E14, at around

6.15am to reports of a body in the water.

A man's body was pulled from the water and he was pronounced dead at the scene.

Police have said his death is

not being treated as suspicious at this time and a report has been filed for Poplar Coroner's Court.

No further details have been released.

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A top maths win

"I never thought I could do this! It's been so brilliant. To win the competition is amazing."

HUMAIRAH YASMIN, BELOW



Music CD promotes school's differences

The Manorfield Primary School CD, recorded by parents, pupils and a teacher, features songs in languages from eight different countries, including Somalia, Bangladesh and the Philippines.

SEE BELOW

Schools news



Teachers and students with project creator Will Green

School celebrates cultural diversity through music

PARENTS and staff at Manorfield Primary School have produced a CD at the end of a year-long community song project.

The CD features songs sung in eight different languages, recorded by parents of pupils, teaching assistants and a teacher. The project promotes the Poplar school's cultural diversity with songs from Somalia, Bangladesh, Poland, Lithuania, the Philippines and the UK.

The 17-track CD was recorded at Limehouse studio, London Centre of Contemporary Music and Alaska studios.

The Mayor's Fund for London supported the project to the tune of £1,000. A thousand CDs were produced and they will be included in induction packs for

parents of children starting at the school. Parents and students want to create another CD but this time with songs recorded by pupils.

Music teacher and project creator Will Green was inspired by a similar project called Songs from the East Village, which took place in a multicultural New York school.

He said: "It might inspire other schools to do the same. The resources are there and often under used. The joy of the project was to see the parents enjoying themselves and comparing cultures. This project is meant to celebrate our differences and help us understand what we have in common."

To hear songs visit www.mixcloud.com/resonance

News in brief

Award winners

WINNERS of a primary schools' competition to design a city home for bees, bugs and birds have been announced.

Pupils from 19 schools in Tower Hamlets, Southwark and Waltham Forest gathered at Canary Wharf to hear the results of the Architecture in Schools contest.

The programme, backed by Canary Wharf Group and run by Open City, gives children from inner city schools a chance to gain an understanding of architecture and design.

Competition winners St Paul's Whitechapel Primary School will have their winning design built in their playground.

St Edmund's Catholic Primary School and Cubitt Town School on the Isle of Dogs also won awards.

Eid celebration

PARENTS of children at Redlands Primary School organised a party to celebrate Eid.

Children from the Stepney school spent an afternoon enjoying a bouncy castle, arts and crafts, a DJ, quizzes and a fashion show. Party food, as well as homemade dishes, was provided.

Budding maths stars scoop competition gold

BY JESSICA ODUBAYO

A TEAM of mathematicians from Woolmore Primary School counted their blessings after coming first in a numeracy skills competition.

The Brainy Bunch from the Poplar school beat 59 other teams in the Number Partner Challenge.

Results of the competition were announced at a grand final hosted by Commerzbank on July 3. English Martyrs and Globe primary schools were named runners-up. Out of the 60 teams from 12 Tower Hamlets schools that entered the competition, nine were invited to the final where they competed a challenge.

Devised by Tower Hamlets Education Business Partnership (THEBP), the challenge pairs students with a business volunteer. It aims to improve the numeracy of young people at the same time as bringing them into contact with role models from the world of work. There are currently 450 number partners working in 32 primary schools throughout Tower Hamlets.

The annual event sees teams consisting of a volunteer and up to four children completing maths-related challenges



Humairah and Ruksar from Woolmore Primary School

during their weekly lunchtime sessions. Challenges cover topics such as problem-solving, shapes, logic and fractions.

Humairah Yasmin, from the winning team, said: "I never thought I could do this! It's been so brilliant to take part, it's helped me learn and enjoy maths, and to win is amazing. I couldn't have done it without the help of our super number partner."

The other member of the winning team, Ruksar Rowza Aziz, said: "Our number partner Diane helped me believe

that we could achieve this."

The first prize was a trip to an engineering and communication exhibition at the Science Museum. Runners-up received board games and maths equipment.

Becky Feetham, number partners project manager at THEBP, said: "Our mission is to help students learn more, do more and become more, and numeracy skills are critical for all. Our programme makes maths relevant, giving insights of how it will help them in later life."

School's out for summer on high note

STAFF and pupils at a Poplar primary school ended the term with an excellent report.

Culloden Primary Academy has been judged 'outstanding' in every category following an inspection by Ofsted.

Run by the Paradigm Trust, the school has around 600 pupils, aged between three and 11.

Inspectors observed lessons and interviewed staff and pupils on June 30 and July 1, concluding the academy "goes the extra mile to provide very high quality provision for all its pupils".

The school achieved the highest rating for its leadership and management, the behaviour and safety of its pupils, the quality of teaching, achievement of its pupils and early years provision.

Amanda Phillips, executive principal of the Paradigm Trust, said: "We are thrilled with this result from our first Ofsted inspection. It is the product of a huge amount of hard work and dedication from the whole team working at the school, and colleagues across the trust."



On your marks, get set... build!

The Go Kart and Build Race at Mudchute Farm on August 7 gives children and young adults four hours to design and build karts using a pile of wood, wheels and nails before entering the race.

SEE BELOW

Support for migrants

Praxis provides advice, support and a welcome meeting place for vulnerable migrants and refugees.

WWW.PRAXIS.ORG.UK

News

CITY workers dropped the suits and opted for fancy dress in an annual children's charity volleyball tournament.

The grand beach volleyball championship took place at Canary Wharf from July 17-19 and featured teams from leading firms in the heart of the business district. Several teams competed for the title while raising money for disabled charity, Action for Kids.

For the last three weeks, hundreds of children, families and workers have tested out their skills on the sand at Montgomery Square. After an eventful weekend, it was third time lucky for the Barclays team (pictured) who won the tournament. Action for Kids' volleyball pundit and TV sports commentator Rob Walker



said: "There were a good number of teams and some familiar faces fighting for the title. Simmons &

Simmons' lawyers dressed up for their 'Where's Volley' team and Parthenon-EY's fancy dress was great.

"The winners from Barclays thoroughly deserved it, they looked really crisp and they certainly wanted to win."

News in brief

Jason hoping to take the biscuit

SHADWELL resident Jason Feighery has been shortlisted in the search for the nation's best biscuit recipe.

Jason's recipe of coconut and lime zingers is one of eight from across the UK that will go forward to the final stage of the Border Biscuits Big Baking Bonanza competition.

The judging panel will taste and test the final recipes to pick a flavour which will go on sale exclusively in Asda stores nationwide. The winner will also receive a £2,000 cash prize.

Jason, 28, has been baking for most of his life. The first thing he remembers baking was a pineapple upside-down cake.

Jason said: "I'm passionate about baking and am delighted to go through to the final!"

Design and build your own go kart

A 'SOAPBOX'-style go kart event for children has had a cash injection by a Formula One legend.

Four-time Grand Prix motorcycle world champion John Surtees – who also won the Formula One world championship in 1964 – donated £4,620 to London Play ahead of its Go Kart and Build Race event on August 7.

Mr Surtees is the founder of the Henry Surtees Foundation, which is the main sponsor for the race at Mudchute Farm.

On the day, children and young adults from across the capital will be given four hours to design and build the karts using a pile of wood, wheels and nails.

This year will be the first time girls can participate with their own event on September 5.

Language centre closes its doors

BY NATALIE GLANVILL

TEACHERS and students have staged a protest after they were left high-and-dry when a language centre went bankrupt and closed suddenly.

The demonstration took place outside the Praxis Community Projects in Pott Street, Bethnal Green, on Wednesday, July 22.

The Praxis English School and Language Gym in Holloway Road, Islington, was born out of the Bethnal Green charity and set up as a social enterprise by Praxis Enterprise CIC.

Charging £600 per student to learn English, the centre opened in June 2014 but closed its doors on July 15 without any warning or proper explanation.

Students and staff arrived at the centre in the morning to find the gates locked and only a small sign with an email address.

English teacher Edwina Attlee claims charity organisers have



The Pott Street protest

avoided students and given little information on how to get their money back.

She added: "Students work hard to save money in order to pay their tuition fees. Now, they have been left in the dark without any explanation and Praxis has offered no assistance in telling students how they can claim their money back."

In a statement to East End Life, Praxis chief executive Sally Daghilan said: "Unfortunately, we have not been able to get the school onto a financially self-sustaining footing, despite

several attempts to adapt the business model and seeking further investments.

"The decision to close was only taken after exhausting all other possibilities and with regard to the interests of staff, students, suppliers and lenders.

"Staff and students were informed of the decision within 24 hours and given information about how to make a claim for any monies that they are owed.

"We ask that people affected do not disrupt the activities of the charity which is here to support vulnerable clients."



Julie makes life grand

Kidney transplant patient Julie Crick, pictured left with Dr Kieran McCafferty, has raised £1,000 for the Royal London Hospital renal unit and has given over £10,000 to kidney research charities.

SEE BELOW

Useful information

We really care

News from Barts Health Trust

STAFF at the Royal London Hospital have been making changes in the way they provide care.

It is hoped that these changes will add up to huge improvements in patient experiences across the hospital.

Called Stepping into the Future, the hospital is running regular week-long initiatives to trial new ways of working.

We want to see if it results in improvements for patients, such as reduced waiting times in the emergency department and closer working with our community teams. Successful ideas can then be made permanent.

The week-long programme has seen a number of projects trialled and tested.

This includes the early identification of patients ready for discharge the next day, which means support teams can prepare everything needed by them and their family to get home without delay.

This initiative helps our patients and families plan for their return home, reduces avoidable waiting and frees up hospital resources for patients who need care most urgently.

Claire Burden, hospital director of Mile End and the Royal London services, explained: "We are asking ourselves and our patients what does a good hospital look like, and how do we measure up against that criteria? Our aim is to get your care right every time."

"Stepping into the Future weeks see daily sessions in the Whitechapel main entrance for staff and patients to talk about what they have experienced and achieved during the week."

"Please do join in the conversation and tell us your views if you happen to be passing."

■ A TRANSPLANT patient has raised £1,000 for the Royal London Hospital renal unit in the hope of transforming the lives of sufferers of chronic kidney disease.

The unit will purchase new

equipment and fund vital research, helping the many thousands of people with kidney disease treated at the centre each year from east London and surrounding areas.

A life-long supporter of West Ham FC, Julie Crick runs an annual game with 30 contenders predicting weekly football results.

Costing £2 a week, 35 per cent goes towards the renal unit and the rest to the lucky winners.

Having undergone a kidney transplant 13 years ago due to polycystic kidney disease, Julie now lives a full life only requiring check-ups.

However, it is an inherited condition. Julie's father passed away aged 55 and his brother, her uncle, also died from the disease aged just 42.

Three of Julie's sisters are affected, and one of her two children.

Julie said: "It is so important that we fund this vital research to help everyone affected and ultimately find a cure."

"I am incredibly grateful for the brilliant care of the hospital and the life that my transplant has given me. I feel very lucky."

Julie began fundraising in 2012 on the tenth anniversary of her kidney transplant at the hospital and has raised £10,100 to date for kidney research charities.

In England 1.8m people are affected. Kidney failure progresses to require dialysis and eventually causes death unless a suitable organ donor is found.

The Royal London's renal unit is one of the UK's largest.

Dr Kieran McCafferty, nephrology consultant, explained: "We're fortunate to have world-leading research teams and facilities right here, meaning that funds raised really are helping to change the lives of sufferers; improving quality of life and survival."

To find out how you can contribute to research and other projects, please visit Barts Charity at www.bartscharity.org.uk

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm,
Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.

Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-3.30pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk
Citizens Advice Bureau (CAB)
32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2.

8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075 www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment). Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14. 7538 4909 www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1. 7392 2953 advice@toynbeehall.org.uk www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt Line

0808 808 4000 www.nationaldebttline.co.uk



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Poplar youth space in the spotlight

Spotlight is a creative arts youth space offering free, state-of-the-art sound, film, design, art and broadcasting facilities, alongside performance, dance, boxing, fashion and chill areas.

WEARESPOTLIGHT.COM

Parks get Green Flag

Eleven parks in the borough have been awarded prestigious Green Flag status.

FOR A FULL LIST, SEE BELOW

News

FANCY a song and dance over the summer? Spotlight youth space in Poplar has a free programme of events for youngsters aged 11-19. Sessions on offer include band in a week, which helps young people develop live music skills; music production, where you can produce a track in professional quality music studios; and graffiti art, creating street art with spray paint and pre-cut stencils. Spotlight is at 30 Hay Currie Street, E14. For a full programme visit: wearespotlight.com To book email hello@wearespotlight.com



News in brief

Girls' soccer school

FREE girls-only football classes are being held this summer.

Sessions on August 8 and 22, for girls aged between eight and 15, will be held at Stepney Green Astro turf from 10am-12pm. Sessions on August 1 and 15 will be held at George Green School Astro turf also from 10am-12pm.

Summer camps for girls aged between 10 and 15 years run from August 24-26 at George Green from 10am-1pm and at Stepney Green on September 1 and 2 from 10am-1pm.

For details contact **hello@limehouselaces.co.uk** or visit www.limehouselaces.co.uk

Looking for a hero

THE council is looking for unsung LGBT+ Heroes in the borough and friends, family members, colleagues, community leaders and elected members can nominate. The categories are:

- outstanding contribution to LGBT+ community life or culture
- exceptional service (paid or otherwise) to the community
- exceptional role model (LGBT+ people and allies)
- young people's award (role models and accomplishments under 25s).

Winners will be presented with an award. To nominate a hero, go to www.towerhamlets.gov.uk/hero or call Leo Nicholas for a nomination form on 7364 4548 or write to LGBT+ Hero, The Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. Forms must be returned by August 3.

Follow the campaign on Twitter **@TowerHamletsNow** **#LGBTHero**

Funds for university

A UNIVERSITY, renowned for welcoming students from all backgrounds, has received a £2.6m funding boost.

London Metropolitan University will use the grant from Sir John Cass' Foundation to engage with students from London's poorest backgrounds

Its overall aim is to widen participation in higher education by helping students from disadvantaged backgrounds.

Cemetery flies the flag for borough's outdoor spaces

BY NATALIE GLANVILL

AN OLD cemetery is among a handful of local parks and open spaces to be judged among the best in the country.

Eleven sites, including a nature reserve and Victoria Park, have been awarded prestigious Green Flag status.

More of the borough's outdoor spaces

have been awarded the status this year than ever before.

To qualify for the prestigious gong, parks and green spaces must meet a strict criteria in horticultural standards, cleanliness, sustainability and community involvement.

Flying the flag in 2015 are Victoria Park, Island Gardens, Mile End Park, Millwall Park, Poplar Recreation Ground, St

George's Gardens, Trinity Square Gardens, Weavers Fields and Altab Ali Park.

Mudchute Park and Farm and Tower Hamlets Cemetery Park and Ackroyd Drive Greenlink Nature Reserve were all awarded the Green Flag Community Award.

In total, 358 parks and spaces across London were given the status, taking the total to 1,582.

Green Flag award scheme manager Paul Todd said: "We are delighted to be celebrating another record-breaking year for the scheme.

"All the flags flying this year are a testament to the efforts of the thousands of men and women, both staff and volunteers, who work tirelessly to maintain the high standards demanded by the Green Flag award."

Warning over visa scam targeting Asian victims

THE NATIONAL Fraud Intelligence Bureau is warning residents about a new scam targeting people of Asian descent.

Victims of the scam are cold called by people claiming to be from the Home Office UK Visa and Immigration department.

The caller claims that a case has been received by the department against the victim, sometimes suggesting they will be deported.

A request is then made for money to be paid mainly by Ukash vouchers or

MoneyGram (online money transfer services). Occasionally, money is requested to be paid into a bank account.

Some victims have been asked to provide bank account details.

A telephone number is given, which is a genuine contact number for the Home Office to give the call the appearance of legitimacy.

The UK Visa and Immigration department would not make any request for payments in this form.

The National Fraud Intelli-

gence Bureau has advised that:

- Any unsolicited contact followed by a request for an advance payment/fee is a good indication that someone is trying to defraud you
- Do not pay any fees unless you are 100 per cent sure of what you are paying for
- Never disclose your bank details to cold callers.

If you believe that you have been a victim of fraud you can report it online at www.action.fraud.police.uk/report_fraud or by telephone on 0300 123 2040.



SPITALFIELDS City Farm is holding a consultation and fun day on Saturday, August 1. The event will ask people living and working in the area to contribute ideas for improving facilities at the Buxton Street farm.

The focus of the event, which will run from 12noon until 4pm, will be a scale model made by pupils at Thomas Buxton School (pictured).

Using the model, visitors will be asked to express their views on what services could be provided by the farm in its plans for the future.

There will be family activities including a raffle, face painting, donkey rides, tours of the farm and refreshments.

TOWER HAMLETS

Summer Night Lights

12 July – 5 September 2015

All events run from 5pm – 10pm

Bringing communities together

The police, local authority, registered social landlords and other partners have come together to organise a series of events aimed at the whole community. They include fun activities mixed with an opportunity to gain information and advice on issues affecting communities today including anti-social behaviour and crime.

Come join us for mouth-watering free food and a wide range of exciting activities including a bouncy castle, outdoor games and competitions.

- ➔ *All events are free*
- ➔ *No need to book, just turn up!*
- ➔ *Fun for all the family*

Keep up to date with the latest news by following us on Twitter @TowerHamletsNow

Sign up to be kept informed of local crime and policing matters at www.met.police.uk/signup

Roman Road – Bow East Lefevre Walk, E3 2RL	Sunday 12 July Sunday 19 July
Quarter Deck Isle of Dogs, E14 8SJ	Friday 24 July
Quarter Deck Strafford Street, E14 8LT	Saturday 25 July
Lincoln Estate 70 Fern Street, E3 3PR	Friday 31 July Saturday 1 August
Bow Cross Rainhill Way, E3 3EY	Friday 7 August Saturday 8 August
Teviot Estate Langdon Park, E14 0RT	Friday 21 August Saturday 22 August
Exmouth Estate Cornwood Drive, E1 0PW	Friday 21 August Saturday 22 August
Collingwood Estate Collingwood Hall, E1 5RX	Friday 28 August Saturday 29 August
Boundary Estate Ligonier Street E2 7HG	Friday 4 September Saturday 5 September
Flower and Dean Estate Flower and Dean Walk, E1 7NF	Friday 4 September Saturday 5 September

www.towerhamlets.gov.uk/youth





The future is looking brighter

“We believe targeting the kidney nerves with this one-hour treatment will prove to be an important way of managing high blood pressure in the future for some patients.”

DR MELVIN LOBO, QUEEN MARY UNIVERSITY OF LONDON

Getting creative

The Bethnal Green Shed Carpentry Club provides woodwork courses and workspace for the community.

SEE BELOW

News



More than 100 visitors enjoyed a bowls taster day on July 11 in Victoria Park. Held on the bowling green, members from the park's bowls club gave lessons, while a jazz band played. Club chairman Terry Downing said: “It was great to see so many youngsters playing bowls. We hope the session will encourage new future membership.” The bowling green is accessible to members of the public to play on from April to September, every day from 1-6pm. Just turn up and you can play a game for £2.40 per person.

News in brief

A new opportunity



A MEN'S carpentry club has opened for members to join.

The Bethnal Green Shed is run by local product design company Samson & Fox at Oxford House in Derbyshire Street.

Its Carpentry Club provides woodwork courses and workspace for the community. The scheme aims to encourage creativity and give members the chance to socialise as they work.

The shed is open from Wednesday to Friday between 10am-4pm. Work inductions take place on July 29 and minimum subscription rate is

£5 per month, plus £1 a visit.

For details email workshop@samsonandfox.com or call Anna Pancikova on 7739 9001.

Job hunting help

MORE than 100 people from Tower Hamlets and surrounding boroughs took part in a City employment project.

Square Mile Jobs helps those seeking work in the City by offering one-to-one support, CV advice, job-hunting skills, interview tips, and motivation and confidence building. A quarter of those who started the programme have now landed jobs in the City.

The programme, which is run by employment and education firm Prospect, has also launched an online toolkit to help people applying for jobs.

The free toolkit is available at www.prospects.co.uk/square-milejobs

A groundbreaking trial

BY JESSICA ODUBAYO

LOCAL people suffering from uncontrolled high blood pressure are being invited to take up a new treatment being trialled at St Bartholomew's Hospital this summer.

The one-hour treatment is targeted at adults in London living with resistant hypertension – a severe form of high blood pressure that cannot be controlled with drug therapy, putting them at constant risk of suffering a stroke or heart problems.

The treatment is a randomised, clinical trial known as WAVE IV.

In previous trials of the therapy, three-quarters of patients

experienced a meaningful reduction in their blood pressure following the one-time, one-hour therapy.

Now, people in east London are being given the chance to sign up to the trial being run by Queen Mary University of London and Barts Health NHS Trust.

People with hypertension may have overactive renal (kidney) nerves, a condition that raises blood pressure and contributes to heart, kidney and blood vessel damage.

The Surround Sound® Hypertension Therapy System uses a technique called renal denervation (RDN) to treat the hyperactive nerves.

It is hoped that this will reduce the kidney's production

of hormones and prevent an increase in blood pressure, while also protecting the heart, kidneys and blood vessels from further damage.

The therapy is the only non-invasive treatment for resistant hypertension of its type.

Patients may be eligible to participate in the clinical study if they are aged between 18 and 90 years; their systolic blood pressure (top number) is greater than 160 mmHg and they are currently taking three or more prescription medications for high blood pressure.

To find out more and assess your suitability for the trial, call Anne Zak at the William Harvey Heart Centre Clinical Trials Unit on 7882 5657.

Make sure your details are correct

THE council is sending household enquiry forms to every property in the borough.

The forms will be used to update the electoral register and it is a legal requirement for residents to complete it.

If all the existing details on the form are correct, you can call 0800 197 9871 to confirm or Text NOCHANGE followed by the unique security code (found

on the form) to 80212. You can also fill in the form online at www.registerbyinternet.com/towerhamlets

The security code is required to use these services. Alternatively, the form can be completed and sent back in the pre-paid envelope provided.

The information will enable the council to send a separate individual registration form to people who are eligible and

need to register. Those who are eligible can also register online at www.gov.uk/register-to-vote

It is particularly important that anyone who has moved looks out for the form and checks whether they are registered.

If you do not receive a form by August 20, or you need help completing it, call 7364 0872 or email vote@towerhamlets.gov.uk

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www.uptonparksnooker.co.uk

**Mile End
American Pool & Snooker**
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London E1 4AA
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Stepney Green on the District Line (150 metres)
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www.mileendsnooker.co.uk

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27 JULY – 2 AUGUST 2015

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

11

Such dedication

The East End Community Foundation has been increasing opportunities for people in Tower Hamlets for 25 years.

WWW.EASTENDCF.ORG

Putting people first



East London Foundation NHS Trust provides community and inpatient services to children, young people and adults and forensic services to Tower Hamlets and other areas.

WWW.ELFT.NHS.UK

News

Double joy for trust

EAST London NHS Foundation Trust has received two national awards in two days.

On July 6, the mental health organisation was voted Trust of the Year in the Health Service Journal (HSJ) Patient Safety Awards, which recognise and reward outstanding practice within the NHS and independent healthcare organisations.

Then, on July 7, it was ranked the Best Place to Work in the mental health/learning disabilities category in the HSJ annual awards.

Dr Robert Dolan, chief executive of the trust, said: "It is great that we have won two national awards. It is recognition of all the wonderful work our staff are doing to improve the quality of our services and the experience of our service users."

Meet the good fellows

BY HELEN WATSON

TWO Mile End residents were awarded honorary fellowships for outstanding contributions to the community.

Nurull Islam and Assan Ali received the fellowships from the school of languages, linguistics and film at Queen Mary University of London.

They both run the Mile End Community Project (MCP), an award-winning film and media organisation with a commitment to develop the life and career skills of young people.

Their work with MCP engages young people through creative learning opportunities, such as film-making, art and media.

Assan said: "It's an honour to



Professor Peter McOwan, vice principal and executive dean, chairman Sir Nicholas Montagu, Assan Ali, Nurull Islam and professor Simon Gaskell, president and principal

receive this fellowship as recognition of the work we do.

"I hope it encourages young people to invest in their community and aspire to study at the university."

Grants up for grabs

COMMERCIAL property company Land Securities and Canary Wharf Group have announced the launch of a legacy fund.

Grants of up to £20,000 per year will be offered from the 20 Fenchurch Street Legacy Fund to not-for-profit organisations that support people living in four London boroughs including Tower Hamlets.

East End Community Foundation (EECF), which is managing the fund, will give priority to projects supporting residents to gain employability skills or move into employment.

The fund was launched on July 3 and coincided with the 20th anniversary of EECF, a philanthropy service working with businesses to create funds and distribute grants.



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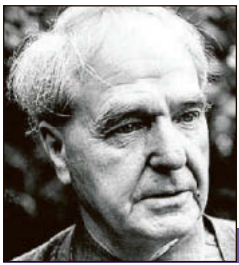
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602 Commercial Road, Limehouse Lock, London E14 7HS



Respect for 'Old Flo' – eventually

The statue, Draped Seated Woman, by Henry Moore (pictured), was soon dubbed 'Old Flo' by residents who began to regard her with pride, while it also became a trysting spot for young lovers.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Art for entertaining and for lovers

BY JOHN RENNIE

THE legal arguments were arcane, the arguments furious... well, after all, there was £20m or so at stake. And the decision in the end was in favour of the people of the East End.

But the decision of the High Court to award ownership of 'Old Flo' to the London Borough of Tower Hamlets rather than the London Borough of Bromley takes us back to a different age, when vastly expensive statuary was placed on council estates for the entertainment and cultural enlightenment of all.

The story begins in 1957, when Henry Moore created six casts of a new work to reflect his wartime experiences of the Blitz a decade and a half before.

He had worked as a war artist faithfully recording the destruction of London, while being deeply moved by it.

By the late fifties, Moore was the superstar of British art, a name as familiar around the globe as Damien Hirst is today, so the casts of Draped Seated Woman were quickly snapped up by public authorities in Cologne, Brussels, Melbourne and Jerusalem and by Yale University.

One remained, and where better to place a piece inspired by the Blitz than in the midst of the East End, hit harder than anywhere in England.

So, in 1961, the then London County Council bought one of the casts and placed it on the newly built Stifford estate in Stepney. Bradmore, Ewhurst and Wickham House(s) were three 17-storey tower blocks soaring above Stepney Green, part of Britain's desperate push to solve its housing crisis.

They were also part of the new optimism of the day, a post-war world where East Enders would be taken out of the slums and housed in bright, modern homes floating in the newly clean London skies.

And what better for these new sky dwellers (most of whom would never travel to see art in a gallery) than to bring art to them. A piece by one of the great English artists, which they would pass every day on their way out to work or on the way home from the shops.

The new residents of the Stifford reacted in bewilderment to their new neighbour however. As a crane carefully lowered Draped Seated Woman into place outside the blocks, the locals watched baffled.

Reports in the local press of the time see them describing it variously as 'horrible', 'a monstrosity' and 'a lump'. One resident simply asked: "What's it meant to be?"

But with time the Stifforders began to regard the piece with pride, quickly and irreverently dubbing her 'Old Flo'.

It became a regular trysting spot for young lovers and, rather than being regarded from afar, became a figure to interact with.

One seven-year-old declared in 1994 that "it's ugly, but it's fun to play on".

Moore would certainly have approved. He was a passionate advocate of the still new welfare state and, despite his grand status, considered himself a working man-who laboured with tools to make a living.

Years before, when he sat on the selection committee for the Art for the People exhibition at the Whitechapel Gallery in 1939, he joined the chorus worrying that the public had lost its curiosity about contemporary art.

Thus the committee arranged for the show to be opened by 'a man in the street', an unemployed labourer who duly declared the show "a wonderful success". It may sound rather naive and patronising now, but Moore's heart was in the right place – and he wanted his art to be too.

At the time he labelled himself variously socialist or communist. In the late thirties he was campaigning against the fascists in Spain, and was invited to visit by the republicans. The nationalists refused him entry to the country.

But, when war broke out over Europe, he found himself involved in a way he couldn't have envisaged. The Ministry of Information was commissioning artists to document the course of the war and the effect on the British people... Moore was invited to take part.



'Old Flo' in the Yorkshire Sculpture Park



'Old Flo' on the Stifford estate in Stepney



'Old Flo' being hoisted away by crane

Initially he demurred, but changed his mind when he came across crowds of people taking shelter from the bombs in the Underground. "I had never seen so many reclining figures, and even the train tunnels seemed to be like the holes in my sculpture," he marvelled.

He would spend whole nights underground, often distressed but maintaining his cool professional eye to record the "pathetic crowds of homeless people... huddled in casual but monumental groups". The sketches he made were as much sculpture to him as 2D.

So it wasn't a surprise that he supported bringing art out to the people – whether they were sure they wanted it or not.

One, rather patronising critic declared that the new movement for public statuary was good for "simple people... even if they are sometimes bewildered by it". And local councils supported the idea.

Moore's started popping up in the new towns of Stevenage and Harlow... and on the Stifford estate.

"'Old Flo' was described as a lump and a monstrosity, but with time they began to regard Moore's sculpture with pride."

Alas, the optimism was shortlived. The Stifford would be demolished in the late nineties, at which point Flo was removed for her own safety. Though to describe the sculpture as "languishing in a field in Yorkshire" (as one paper did recently) is perhaps a little unfair to the Yorkshire Sculpture Park, which became her new home.

This superb open-air gallery in the grounds of 18th century Bretton Hall allows visitors to wander around a superb collection of work by British and international artists and sculptors.

Barbara Hepworth and Henry Moore feature large, with one of the largest displays of Moore's bronzes anywhere.

By now of course the LCC, and its successor the GLC, had been swept away too. The London Residuary Body was given the task of disposing of its material assets (such as County Hall and all those bits of art London had bought down the years).

Bizarrely, the relic of that then fell under the control of Bromley Council, hence the furore when Mayor Lutfur Rahman said in 2012 that Tower Hamlets would be selling 'Old Flo', with the hope of raising £20m to help the borough cope with "unprecedented cuts".

Bromley protested it belonged to them, the case trundled through court, and – eventually – it was decided that 'Old Flo' belongs to us.

Quids in? Well, no. New mayor John Biggs declared this week that: "It belongs to the people of east London and should be available locally for public enjoyment."

Moore would certainly approve. Which leaves just one question... where are we going to put it?

Pictures used by courtesy of Tate. Copyright remains and rests with Tate. tate.org.uk

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, July 27

7.15pm: Overview & scrutiny committee

Business includes reports on town centres policy and delivery and corporate revenue, capital outturn and performance monitoring. For more details call David Knight on 7364 4878 or email david.knight@towerhamlets.gov.uk

Tuesday, July 28

5.30pm: Cabinet

For more details call Matthew Mannion on 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

6.30pm: Licensing sub-committee

The meeting will consider applications for a new premises licence for The Royal Pharmaceutical Society of Great Britain, 66-68 East

Smithfield, E1W 1AW and Shiraz Food and Wine, 178 Hackney Road, E2 7QL. For more details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

6.30pm: King George's Field Charity Board

For more details call David Knight (see left)

Wednesday, July 29

6.30pm: Commissioners' decision-making meeting

Call Antonella Burgio on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

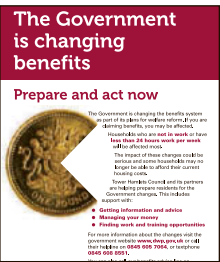


Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

- E1**
- 9-25 Mile End Road** – external seating area.
 - 49 Mile End Road** – non-material amendment of planning permission, ref: PA/11/01887. Relocation of velux rooflight window from rear roof slope to front roof slope.
 - 96 Whitechapel High Street** – replacement shop windows and relocation of shop door.
 - Dame Colet and Haileybury Centre, Ben Jonson Road** – non-material amendment of planning permission, ref: PA/13/01433. Removal of canopies.
 - 10 O'Leary Square** – creation of three-bed flat by combining a one-bed (known as 10 O'Leary Square) with a disused residents' meeting room (known as 10a O'Leary Square).
 - 82 Mile End Road** – relocation of flue shaft from west (rear) elevation to east (front) elevation.
 - Colstead House, 14 Watney Market** – replacement of existing single-glazed timber windows with new double-glazed uPVC casements to match existing fenestration.
 - Tobacco Dock, Pennington Street** – internal alterations to Grade I listed building comprising internal fit out to vaults at lower ground level.
 - Former News International Site, 1 Virginia Street** – details of Secure by Design in respect of Times House, ref: PA/14/02819.
 - Harry Gosling Primary School, Henriques Street** – non-material amendment of planning permission, ref: PA/14/02987. Replace timber cladding at first floor to elevations facing the PRU with brickwork to match ground floor.
 - 12 Cable Street** – details of samples of planning permission, ref: PA/14/03337.
 - 28-30 Whitechapel Road** – internal redevelopment of existing space to provide flexible office units above two retail units at ground floor, including addition of new roof lights to the rear elevation.
 - 86 Commercial Road** – details of car-free plan of planning permission, ref: PA/15/00348.

- E2**
- Charles Dickens House, 130 Mansford Street** – installation of 2 x 0.6m telecommunication dishes and supporting ancillary equipment on the rooftop.
 - 386 Bethnal Green Road** – conversion of four studio flats into four-bed family dwelling with mansard roof extension and rear extensions.

- 388 Bethnal Green Road** – conversion of ancillary retail storage floorspace into four-bed family dwelling with mansard roof extension and rear extensions.
 - 301-303 Bethnal Green Road** – installation of ATM, installed through white laminated composite security panel incorporating ATM fascia with black bezel surround and white illuminated lettering Free Cash Withdrawals out of black background. Blue LED halo illumination to surround.
 - 58-60 Redchurch Street** – conversion and extension from general industrial to retail/ cafe at basement and ground-floor level and 16-room hotel on the upper floors, including new partial basement, third floor and partial fourth floor. Minor material amendment to the scheme through increasing the footprint of the basement and the use of grey brick in place of precast concrete panels on the south and west elevations at high level. Details of sound insulation scheme, noise impact assessment, refuse and recyclables storage facilities, delivery and servicing management plan and cycle parking facilities.
- E3**
- Watts Grove Depot, Glaucus Street** – details of piling method statement of planning permission, ref: PA/14/02585.
 - Devons Wharf, Leven Road** – details of drainage design strategy, delivery and servicing plan, and code for sustainable homes of planning permission for redevelopment of site comprising the erection of a six- and 11-storey building to provide 7 affordable units and 66 residential units together with 12 car parking spaces, riverside walkway and public forecourt.
 - 67 Burdett Road** – proposed change of use to residential.

- E14**
- 88 Narrow Street** – alterations & refurbishment.
 - 3-11 Dod Street** – details of car-free plans of planning permission, ref: PA/15/01143.
 - Site bounded by Limehouse Cut, St Anne's Row and Commercial Road, St Anne Street** – details of wheelchair units of planning permission, ref: PA/14/02310.
 - 3-11 Dod Street** – infill of a redundant, undercroft area at Limehouse Court to provide new office accommodation.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service
Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Leyden Gallery has applied to London Borough of Tower Ham-

lets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Leyden Gallery, 9/9a Leyden Street, London E1 7LE

The licensable activities and timings are: Sale of alcohol and regulated entertainment Monday to Saturday 12 noon to 11pm

Anyone who wishes to make representations regarding this

application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG. Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 19/08/15

The Application Record and Register may be viewed be-

tween 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

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MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was taken at Tobacco Dock, Wapping.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



This photo of flowers in Tiller Street, Isle of Dogs, was sent in by Chris Parish and Kyrsten Perry. "My wife and I decided to plant flowers in the street outside our flats," Mr Parrish told East End Life. "This is how they are coming along. Neighbours and passersby stop and admire them and are asking how they might do the same." If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline
0808 2000 247
Haven Whitechapel (sexual assault referral centre)
7247 4787
Karma Nirvana (Honour Network Helpline)
0800 5999 247
Broken Rainbow (LGBT domestic violence)
0845 260 4460
Black Women's Health & Family Support
8980 3503
Rights of Women

(legal advice)
7251 6577
Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets
8555 8254
NSPCC Child Protection Helpline
0800 800 5000
Childline
0800 1111
Shelterline
0808 800 4444
Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090
Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305
Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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It is with deepest regret we announce the death of Ralph Reginald Dixon, a Loving Husband, Dad, Grandad and Great Grandad. He will be missed by all.

The Funeral will take place on Thursday 30th July 2015 at East London Crematorium, Grange Road, Plaistow, E13 0HB at 11.15.

For any further information please contact Gemma at The Co-operative Funeralcare, 62 Chrisp Street, Poplar, E14 6LR on **020 7987 3364**

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



ওয়াটস্ গ্রোভ প্রকল্পের নির্মান কাজ শুরু

উচ্চাভিলাষি প্রকল্প ওয়াটস্ গ্রোভ হাউজিং স্কীমের নির্মান কাজ শুরু হয়েছে। এই প্রজেক্টের কাজ শেষ হলে বাসিন্দাদের কাছে ভাড়া দেয়ার জন্য ১৪৮টি নতুন সামর্থ্যধীন আবাসন নির্মিত হবে। বারায় ওভারক্রাউডিং সমস্যা মোকাবেলায় কাউন্সিলের হাউজিং নীতিমালার গুরুত্বপূর্ণ অংশ হলো এই ওয়াটস্ গ্রোভ কনস্ট্রাকশন। বিস্তারিত পড়ুন নিচে -

CONSTRUCTION BEGINS ON NEW HOMES AT WATTS GROVE

Harmony

“Waa meel si wanaagsan loogu noolaan karo” ayay dadku yidhaahdeen

‘A good place to live’ say residents – see issue 1069

TOWER Hamlets waa meel si wanaagsan loogu noolaan karo, oo ay dady-ow meelo kala duwan ka yimi si wacan ugu wada nool yihiin.

Dhacdadani waa mid ka mid ah waxyaabihii ugu muhiimsanaa ee lagu ogaaday qiyaas sanadeedkii la sameeyey 2015kii. In ka badan 80% dadka ayaa yidhi way ku qanacsan yihiin xaafadaha ay ku nool yihiin, waxayna rumaysan yihiin in bulshooyinka kala duwan ee ku nooli si wacan ugu wada nool yihiin.

Intii u dhaxaysay Janaayo il-laa Febraayo 2015kii, ayaa baadhe madaxbanaani waxa uu la kulmay in kaban 1000 qof oo ku nool Tower Hamlets. Waraysigaas waxaa lagu ogaaday in walwalka dadka ee ku saabsan dembiyadu uu heer hoose taagan yahay, iyo in dadku ku qanacsan yihiin sida councilku cashuurta u ururiyo iyo weliba sidoo kale inay ku qanacsan yihiin raacitaanka gaadiidka dadweynaha.

Ma jiro adeeg councilku fuliyo oo aan waafiin qiyaastaa la sameeyey. Dadka degmada degani waxay ku tilmaameen maktabadaha iyo meelaha macluumaadka lagu kaydiyaba inay aad u wanaagsan yihiin marka loo eego degmooyinka kale ee London, sidoo kalena dib u hagaajinta wadooyinka waxay tilmaameen inay aad u fiican tahay marka la barbar dhigo London inteeda kale.

Marka afar meelood loo qaybiyo dadkii su,aalaha la weydiyey, saddex meelood waxay qireen in councilku qabto shaqo wacan oo degmada ka dhigaysa meel si fiican loogu noolaado. Sidoo kale tiro dad ah oo tan la mid ahi waxay da-reensan yihiin in councilku qabto shaqo hufan, shaqaaluhuna ay yihiin kuwo saaxiibtini-mo leh oo edboon.



Victoria Park lake and café

Duqa degmada Mayor John Biggs wuxu yidhi: “Natijadani waxay muujinaysaa inaanu qabano shaqo fiican, waxaan aad ugu faraxsanahay inaan hogaamiyo council dadka degmada degan u qabta shaqo ay ku qanacsan yihiin.

“Si kastaba ha ahaatee, balanqaadkayagu waxa weeyaan inaanu sii wanaajino adeega aanu qabano inkasta oo suurtagal ah, waxaanu bilownay inaanu horumarino siyaabo cusub oo aanu ugu jawaabayno dadka degmada degan, iyo inaanu adeega aanu qabano ka dhigno mid tayo leh, sidoo kalena sidii la rabay wax u taraya.”

Dadka degan degmadu waxay sheegeen inay ka walwalsan yihiin helitaanka guryo kiradadooda la awoodi karo.

Duqa Biggs waxa bartilmaameedkiisu yahay in councilku dhiso 1000 guri oo cusub oo guryo council ah ugu dambayn 2018ka, degmaduna waxay balan qaaday inay sii wadaayaan inay la shaqeeyaan horumariyayaasha guryaha, mulkiilayaasha diiwaan gashan iyo wakiilada qaabilsan horumarinta caasimada, kuna dhiirigeliyaan inay intii suurtagal ah suurtageliyaan guryo ay kiradooda awoodi karaan dadka degmada degani.

Nadiifinta wadooyinku wax-

ay sii ahaan doontaa mid lagu qanacsan yahay oo heerkeedu la mid yahay nadiifintii wadooyinka ee sanadkii tegey. Sanadka soo socda councilka waxa u qorshaysan unuu isticmaalo qalab casri ah, si loo horumariyo nadiifinta wadooyinka, dadka degmada deganina ay si heer sare ah ugu qanci lahayeen.

Horumarintan waxa ka mid noqonaya in la isticmaalo nidaam qofku markuu arko shay waxkaqabasho u baahan uu soo sheego, councilkuna wuxu habkan u bixiyey (Find it, Fix it, Love It app), oo sidoo kale dadka u ogolaanaya inay councilka u sheegaan fikradahooda iyagoo isticmaalaya qalabka smart phone. Codsiga (app) waxa laga heli karaa Google Play and the App Store.

Dadku waxay ka walwalsan yihiin shaqooyinka oo aad hoos ugu dhacay labadii sano ee ugu dambeeyey (laga bilaabo 35% 2012-2013kii illaa 20% 2015ka).

Councilku wuxu balanqaaday inuu dadka degmada degan ka taageero siday shaqo u heli lahaayeen, wuxuna dejiyey qor-she ah inuu horumariyo adeeg cusub oo ku saabsan is dhexgalka, si loo caawiyo dadka aan shaqo hayni inay shaqo helaan. Warbixin dhamaystiran waxa laga heli karaa www.towerhamlets.gov.uk

টাওয়ার হ্যামলেটসে বসবাস করতে পেরে ৮২ শতাংশ বাসিন্দাই সন্তুষ্ট

‘A good place to live’ say residents – issue 1069

টাওয়ার হ্যামলেটসের ৮২ শতাংশ বাসিন্দাই এই বরায় বসবাসের ব্যাপারে তারা সন্তুষ্ট বলে জানিয়েছেন। এছাড়া ৮১ শতাংশ বাসিন্দা বিশ্বাস করেন টাওয়ার হ্যামলেটস্ হচ্ছে এমন একটা জনপদ যেখানে ভিন্ন ভিন্ন সংস্কৃতি-কৃষ্টির মানুষের এক সাথে বসবাস করেন।

গত জানুয়ারী এবং ফেব্রুয়ারী মাসে অনুষ্ঠিত বার্ষিক রেসিডেন্টস্ সার্ভে বা জনমত জরিপে এই তথ্য ফুটে ওঠেছে।

জরিপের সময় নিরপেক্ষ গবেষণা কর্মীরা বারার এক হাজার বাসিন্দার সাথে মুখোমুখি সাক্ষাতকার গ্রহণ করেন।

এই জনমত জরিপে দেখা গেছে যে, অপর-দিক নিয়ে উদ্বেগের হার ঐতিহাসিকভাবেই অনেক নিম্ন পর্যায়ে রয়েছে এবং সন্তুষ্টির হার লক্ষ্যনীয়ভাবে বেড়েছে। পাশাপাশি কাউন্সিল ট্যাক্স সংগ্রহ এবং পাবলিক ট্রান্সপোর্টের ব্যাপারেও বাসিন্দাদের মধ্যে সন্তুষ্ট লক্ষ্যনীয়।

গতবারের জনমত জরিপের তুলনায় এবারের জরিপে কাউন্সিলের কোন সার্ভিসের রেটিং বা মান নিম্নগামী হয়নি।

বাসিন্দারা স্থানীয় লাইব্রেরী ও আইডিয়া স্টোর

সার্ভিসকে সর্বোচ্চ রেটিং দিয়েছেন, যা লন্ডনের গড় হারের চেয়েও অনেক বেশি। লন্ডনের অন্যান্য এলাকার তুলনায় টাওয়ার হ্যামলেটসের রাস্তা সংস্কারে কাউন্সিল ভালো কাজ করছে বলেও বাসিন্দারা মনে করেন।

জরিপে অংশগ্রহণকারীদের তিন চতুর্থাংশই (৭৪%) এ ব্যাপারে এক মত যে, কাউন্সিল স্থানীয় এলাকাকে বসবাসের উন্নত জনপদে পরিণত করেছে। সম সংখ্যক মানুষ মনে করে কাউন্সিল ভালো কাজ করছে এবং কাউন্সিলের স্টাফরা অনেক বন্ধুসুলভ ও বিনয়ী।

এ ব্যাপারে টাওয়ার হ্যামলেটসের মেয়র, জন কিস্ বলেন, মতামত জরিপে এটাই ফুটে ওঠেছে যে, আমরা ভালো কাজ করে যাচ্ছি এবং আমাদের বাসিন্দাদেরকে উন্নতমানের সার্ভিস প্রদান করে যাচ্ছে – এমন একটা কাউন্সিলকে নেতৃত্ব দিতে পেরে আমি গর্বিত।

তিনি বলেন, আমাদের সার্ভিসসমূহের মান আরো উন্নত করতে আমরা বদ্ধপরিকর। বাসিন্দাদের প্রয়োজনে সাড়া দিতে আমরা এরই মধ্যে নতুন পন্থা গ্রহণ করছি এবং আমাদের সার্ভিসসমূহকে আরো কর্মক্ষম করতে কাজ করে

যাচ্ছি। মতামত প্রদানকালে বাসিন্দারা টাওয়ার হ্যামলেটসে সামর্থ্যধীন বাড়ি-ঘরের সংখ্যার স্বল্পতা নিয়ে তাদের উদ্বেগের কথা জানান। তাই, মেয়র ১০০০ নতুন কাউন্সিল হোম নির্মানের লক্ষ্যমাত্রা নির্ধারণ করেছেন। সামর্থ্যধীন বাড়ি-ঘরের সংখ্যা বাড়তে কাউন্সিল ডেভেলপার, নিবন্ধিত প্রোভাইডার এবং জিএলএ-এর সাথে অব্যাহতভাবে কাজ করে যাবে।

জনমত জরিপে পরিচ্ছন্ন রাস্তা-ঘাটের ব্যাপারে বাসিন্দাদের সন্তুষ্টির হার গতবারের পর্যায়ে রয়েছে, যা লন্ডনের গড় হারেরও সমান। পরিচ্ছন্ন রাস্তা নিশ্চিত করার মাধ্যমে এ ব্যাপারে সন্তুষ্টির হার বাড়তে কাউন্সিল আগামী বছরের মধ্যে সর্বাধুনিক প্রযুক্তি ব্যবহার করবে।

কর্মসংস্থানের ব্যাপারে বাসিন্দাদের কনসার্ন গত দুই বছরে অনেক হ্রাস পেয়েছে (২০১২-১৩ কর্ম বছরে এই হার যেখানে ছিলো ৩৫ শতাংশ, তা এবার নেমে এসেছে ২০ শতাংশ)। স্থানীয় বাসিন্দাদের জন কর্মসংস্থান নিশ্চিত করতে কাউন্সিল অগ্রাধিকার ভিত্তিতে কাজ করে যাচ্ছে।

আবাসন সমস্যা সমাধানে ওয়াটস্ গ্রোভ প্রকল্পের নির্মান কাজ শুরু

Construction begins on new homes at Watts Grove – page 25

বারার উচ্চাভিলাষি প্রকল্প ওয়াটস্ গ্রোভ হাউজিং স্কীমের নির্মান কাজ শুরু হয়েছে।

এই প্রজেক্টের কাজ শেষ হলে বারার বাসিন্দাদের কাছে ভাড়া দেয়ার জন্য ১৪৮টি নতুন সামর্থ্যধীন আবাসন নির্মিত হবে।

অধিক সংখ্যক সামর্থ্যধীন হাউজিং ইউনিট নির্মান এবং বারায় কম সংখ্যক রুমের ঘরে গাদাগাদি করে বসবাসের সমস্যা মোকাবেলায় টাওয়ার হ্যামলেটস্ কাউন্সিলের হাউজিং নীতিমালার গুরুত্বপূর্ণ অংশ হলো এই ওয়াটস্ গ্রোভ কনস্ট্রাকশন।

ওভারক্রাউডিং সমস্যা মোকাবেলায় কাউন্সিলের প্রচেষ্টার অন্যতম উদ্যোগ হচ্ছে নতুন এই নির্মান প্রকল্প। উদাহরণ স্বরূপ বলা হয়, বারার ব্রোমলি সাউথ এলাকা, যেখানে ওয়াটস্ গ্রোভ হাউজিং প্রকল্প বাস্তবায়ন করা হচ্ছে, সেখানে বর্তমানে ওভারক্রাউডিং এর হার ২৩ শতাংশ।

এই প্রকল্পের আওতায় ৫ ও ৭ তলা বিশিষ্ট ৪টি ব্লকে ১৩৫টি ফ্লট এবং ১৩টি হাউজ নির্মান করা হবে, যেখানে সর্বমোট রুম সংখ্যা হবে ৫৬৫, যা ওভারক্রাউডিংয়ের হার কিছুটা কমিয়ে আনতে সাহায্য করবে।

এই প্রকল্পের আওতায় নির্মিত ঘরগুলোর ৪৫ শতাংশ হবে বড় পরিবারগুলোর উপযোগী, অর্থাৎ ৩ ও ৪ বেডরুমের ইউনিট। ১০ শতাংশ ঘর ছুইলচেয়ার ব্যবহারকারীদের উপযোগী হবে। প্রকল্পের মধ্যে বসবাসকারী পরিবারগুলো



আকর্ষণীয় কমিউনাল গার্ডেন ও খেলার স্থানের সুবিধা উপভোগ করতে পারবেন।

এই প্রজেক্ট বাস্তবায়নে প্রায় ২৬ মিলিয়ন পাউন্ড বরাদ্দ করা হয়েছে। এর মধ্যে রয়েছে ছোট্টার লন্ডন অথরিটির (জিএলএ) কাছ থেকে ৬ দশমিক ৯ মিলিয়ন পাউন্ডের তহবিল।

মেয়র অব টাওয়ার হ্যামলেটস্, জন বিগস্ বলেন, বারার আবাসন পরিস্থিতিতে সত্বনীয় করতে ওয়াটস্ গ্রোভ প্রজেক্টের আওতায় নির্মিত বাড়ি-ঘর ইতিবাচক ভূমিকা রাখবে। ব্রোমলি সাউথ এলাকার জনসাধারণ তাদের এলাকায় অধিক সংখ্যক বাড়ি ঘরের প্রয়োজনীয়তার কথা বার বার তুলে ধরছেন। তাঁরা যে দাবি জানাচ্ছেন,

তা-ই পূরণ হবে ওয়াটস্ গ্রোভ প্রজেক্ট বাস্তবায়নের মধ্য দিয়ে। আমি উত্তরাধিকার সূত্রে এই প্রজেক্টটি পেয়েছি এবং নতুন বাড়ি-ঘর নির্মান ভালো উদ্যোগ বলেই এটাকে স্বাগত জানাই। তবে এগুলো কতটুকু সামর্থ্যধীন, তা আমি আরেকটু খতিয়ে দেখবো।

ওয়াটস্ গ্রোভ হলো ব্রাউনিফিল্ড সাইট, যা আগে কাউন্সিলের আবর্জনা ও ক্লিনিং কার্যক্রমের ডেপো হিসেবে ব্যবহৃত হতো।

কাউন্সিলের আবর্জনা অপসারণ ঠিকাদারী প্রতিষ্ঠান ভেওলিয়ার কার্যক্রম যথাযথভাবে অব্যাহত রাখতে এই ডেপোটি বারার অন্যত্র সরিয়ে নেয়া হয়েছে।



হোম অফিসের পরিচয় দিয়ে ফোন করে প্রতারণা

টাওয়ার হ্যামলেটসের বাসিন্দা সহ এশিয়ান কমিউনিটিকে টার্গেট করে প্রতারক চক্রের নতুন প্রতারণা সম্পর্কে সকলকে সতর্ক করে দিয়েছে ন্যাশনাল ফ্রড ইন্টেলিজেন্স ব্যুরো। এই প্রতারণার শিকারদের কাছে প্রতারকরা ফোন করে বলে যে, তারা হোম অফিস ইউকে ভিসা এন্ড ইমিগ্রেশন ডিপার্টমেন্ট থেকে কল করা হয়েছে। বিস্তারিত পড়ুন নিচে -

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Poplar residents campaign for lower speed limit – issue 1069

বারার পপলার এলাকার ওপর দিয়ে যাওয়া এ১২ সড়কের সর্বোচ্চ গতি সীমা ঘন্টায় ৩০ মাইলে নামিয়ে আনার জন্য পপলারের বাসিন্দারা ক্যাম্পেইন করছেন। হাউজিং এসোসিয়েশন পপলার হারকার সমর্থন ও সহযোগিতায় গত সপ্তাহে এক দল বিক্ষোভকারী তাদের দাবি সম্বলিত প্লেকার্ড হাতে নিয়ে ব্রাউনফিল্ড এস্টেটের কাছে মিছিল করেন। উল্লেখ্য, এ১২ সড়কের কারণে এখানে কমিউনিটি বিভক্ত হয়ে গেছে এবং অত্যন্ত ব্যস্ত এই সড়ক ঘেঁষে লোকজনকে বসবাস করতে হচ্ছে। বিক্ষোভকারীদের একজন মুখপাত্র বলেন, ৩০ মাইল পার আওয়ার স্পীড লিমিট করার পক্ষে আমাদের প্রাথমিক যুক্তি হচ্ছে এর ফলে এ১২ গাড়ি চালক ও পথচারীদের উভয়ের জন্যই অধিকতর নিরাপদ হবে। গতিসীমা কমিয়ে আনা হলে লোকজন পায়ে হেঁটে কিংবা সাইকেলে চলাচল করতে উৎসাহিত হবে এবং বায়ু দূষণের মাত্রাও অনেক কমে আসবে।

টাওয়ার হ্যামলেটসে জনসংখ্যা বৃদ্ধির হার সর্বোচ্চ

New population estimates for Tower Hamlets

বারায় গত ১০ বছরে জনসংখ্যা ক্রমবৃদ্ধির হার ৩৪ দশমিক ৪৫ শতাংশ, যা ইংল্যান্ড ও ওয়েলস এর মধ্যে সর্বোচ্চ। এর পর ২৭ শতাংশ নিয়ে রয়েছে নিউহ্যাম এবং ২৩ শতাংশ প্রবৃদ্ধি হার নিয়ে তৃতীয় স্থানে রয়েছে হ্যাকনি। অফিস ফর ন্যাশনাল স্ট্যাটিস্টিকস (ওএনএস) এর সদ্য প্রকাশিত এই প্রতিবেদনে এই তথ্য তুলে ধরা হয়েছে।

২০১৪ সালের জুন মাসে বারার জনসংখ্যা হচ্ছে ২ লাখ ৮৪ হাজার জন।

লন্ডনের ৩৩টি বারার মধ্যে টাওয়ার হ্যামলেটস হচ্ছে ১৪ তম সর্বাধিক জনসংখ্যার

বারা। সবচেয়ে বেশি জনসংখ্যা হচ্ছে ক্রয়ডনের, সেখানকার মোট জনসংখ্যা হচ্ছে ৩ লাখ ৭৬ হাজার। সবচেয়ে কম লোকসংখ্যা হলো সিটি অব লন্ডনের। মাত্র ৮ হাজার ১০০ জন বাস করেন এখানে।

জাতীয় পরিসংখ্যান অফিসের সাম্প্রতিক রিপোর্ট সম্পর্কে মন্তব্য করতে গিয়ে মেয়ার অব টাওয়ার হ্যামলেটস, জন বিগস বলেন, টাওয়ার হ্যামলেটস হচ্ছে বর্ধনশীল বারা। স্থানীয় জন-সাধারণের বর্তমান ও ভবিষ্যৎ চাহিদা যথাযথভাবে পূরণের লক্ষ্যে আমাদের প্র্যানিং টিম কঠোর পরিশ্রম করে যাচ্ছে।

মেয়ার বলেন, বারার কৌশলগত নীতিমালায় নতুন ও সামর্থ্যধীন বাড়ি-ঘর নির্মানের পাশপাশি পর্যাপ্ত স্কুল আসন ও লেজার ও হেলথ অবকাঠামো গড়ে তোলা সহ সকল মৌলিক অগ্রাধিকারসমূহ নিশ্চিত করা হয়েছে।

উল্লেখ্য, টাওয়ার হ্যামলেটসের মোট জনসংখ্যার প্রায় অর্ধেকই (৪৮ পার সেন্ট) ২০ থেকে ৩৯ বছর বয়সী। ইংল্যান্ডের জাতীয় গড় (২৬ শতাংশ) এর তুলনায় যা অনেক বেশি। বারার অনূর্ধ্ব ১৬ বছর বয়সীদের সমানুপাতিক হার হচ্ছে মোট জনসংখ্যার ২০ শতাংশ, যা লন্ডনের গড় হারের সমান।

হোম অফিস এর পরিচয় দিয়ে ফোন করে প্রতারণাঃ সতর্ক থাকতে বাসিন্দাদের অনুরোধ

Scammers target Asian victims – see page 9

টাওয়ার হ্যামলেটসের বাসিন্দা সহ এশিয়ান কমিউনিটিকে টার্গেট করে প্রতারক চক্রের নতুন প্রতারণা সম্পর্কে সকলকে সতর্ক করে দিয়েছে ন্যাশনাল ফ্রড ইন্টেলিজেন্স ব্যুরো।

এই প্রতারণার শিকারদের কাছে প্রতারকরা ফোন করে বলে যে, তারা হোম অফিস ইউকে ভিসা এন্ড ইমিগ্রেশন ডিপার্টমেন্ট থেকে কল করা হয়েছে। কলার ভিক্টিমকে জানায় যে, তার কেইসটি ডিপার্টমেন্ট রিসিভ করেছে, কিছু কিছু ক্ষেত্রে ভিক্টিমকে ডিপোর্ট করারও প্রচেষ্টা হুমকি দেয়া হয়।

এরপর ভিক্টিমের কাছে অর্থ দাবি করা হয়, যা প্রদানত ইউকাশ ভাউচার কিংবা মানিগ্রামের

মাধ্যমে প্রদান করতে বলা হয়। অনেক সময় ব্যাংক একাউন্টে অর্থ জমা দেয়ারও অনুরোধ করা হয়। কিছু কিছু ভিক্টিমকে তাদের ব্যাংক ডিটেইলস্ দিতে বলা হয়।

প্রতারক কলার ভিক্টিমের বিশ্বাসযোগ্যতা অর্জনের জন্য হোম অফিসের সত্যিকারের ফোন নাম্বারও দিয়ে থাকে।

ন্যাশনাল ফ্রড ইন্টেলিজেন্স ব্যুরোর সংবাদ বিজ্ঞপ্তিতে বলা হয় যে, ইউকে ভিসা এন্ড ইমিগ্রেশন ডিপার্টমেন্ট এভাবে কখনই কোন অর্থ দাবি করে না।

এ ব্যাপারে জনসাধারণকে সজাগ ও সতর্ক থাকার পরামর্শ দিয়ে ব্যুরোর পক্ষ থেকে বলা

হয়েছে, পেমেট কিংবা ফি অগ্রিম দেয়ার অনুরোধ করে ফোন কল এলে বুঝতে হবে যে, আপনাকে কেউ প্রতারণা করতে চাইছে।

শতভাগ নিশ্চিত না হয়ে কাউকে কোন অর্থ পরিশোধ করবেন না। এধরনের ফোন কলকারীদেরকে কখনোই নিজের ব্যাংক ডিটেইলস্ দিবেন না।

যদি কখনো আপনি ধারণা করেন যে, কেউ আপনাকে প্রতারণা করার চেষ্টা করছে, তাহলে ০৩০০ ১২৩ ২০৪০ নাম্বারে ফোন করে অথবা www.actionfraud.police.uk/report_fraud এই ওয়েবসাইটে গিয়ে অনলাইনে রিপোর্ট করতে পারেন।

News in brief

শোকাহত পরিবারের প্রতি মেয়রের সমবেদনা

গত ১৭ জুলাই মাইল এন্ড পার্কে খেলতে গিয়ে এক দুর্ঘটনায় মর্মান্তিকভাবে মৃত্যুবরণকারী ৫ বছরের শিশু আলেক্সিয়া ওয়ালেনকাকি স্মরণে বুধবার কাউন্সিল মিটিংয়ে এক মিনিট নীরবতা পালন করা হয়। এতে নেতৃত্ব দেন মেয়ার অব টাওয়ার অব টাওয়ার হ্যামলেটস জন বিগস্

সভায় বক্তৃতাকালে মেয়ার শোকাহত পরিবারের প্রতি গভীর সমবেদনা জানিয়ে বলেন, এই মুহূর্তে শোক কাতর পরিবার কী ধরনের ব্যাথা ও বিষাদের মধ্য দিয়ে দিন পার করছেন, তা আমি শুধুমাত্র কল্পনা করতে পারি।

মেয়ার জানান, এই দুর্ঘটনার কারণ অনুসন্ধানের জন্য মেট্রোপলিটান পুলিশ এবং হেলথ এন্ড সেফটি এক্সিকিউটিভ যৌথভাবে তদন্ত করছে। তাদের এই তদন্তে কাউন্সিল সব ধরনের সহযোগিতা দিচ্ছে। তাই এ কারণে এই মুহূর্তে আমি এর বেশি কিছু মন্তব্য করতে পারি না।

কাউন্সিল মিটিংয়ে মেয়ার জন বিগস আরো বলেন, মাইল এন্ড পার্কে এই দুর্ঘটনাক দুর্ঘটনার প্রেক্ষিতে উদ্বেগ তুলে ধরাকে স্বাগত জানাচ্ছি এবং ইতিমধ্যে আমি বারার সকল পার্কে খেলাধুলার অবকাঠামো ও ইকুপমেন্টগুলোর নিরাপত্তা দিকগুলো ভালো করে পরীক্ষা নীরক্ষা করার জন্য সংশ্লিষ্টদের নির্দেশ দিয়েছি।

চিলড্রেস সার্ভিসে নতুন ডিরেক্টর নিয়োগ



টাওয়ার হ্যামলেটস্ কাউন্সিল তার চিলড্রেস সার্ভিসেস এর জন্য নতুন একজন অন্তর্বর্তীকালীন কর্পোরেট ডিরেক্টর নিয়োগ দিয়েছে। বর্তমানে অফস্ট্যাডে কর্মরত ডেব জনস্ কাউন্সিলের শীর্ষস্থানীয় পদে যোগ দিচ্ছেন। তিনি ২০১৩ সাল থেকে রিজিওনাল ডিরেক্টর হিসেবে অফস্ট্যাড এ কাজ করছেন। এর আগে তিনি ল্যামবেথ কাউন্সিলের চিলড্রেন এন্ড ইয়াং পিপলস্ সার্ভিসের এক্সিকিউটিভ ডিরেক্টর হিসেবে দায়িত্ব পালন করেন। এছাড়া চিলড্রেস ইমপ্রুভমেন্ট বোর্ডের চেয়ার হিসেবে দায়িত্ব পালন করছেন। কাউন্সিলের হেড অব পেইড সার্ভিস, স্টিফেন হলসি বলেন, আমি ডেবির সাথে কাজ করার

জন্য অধীর অপেক্ষা করছি, যিনি আমাদের চিলড্রেস সার্ভিস টীমে সত্যিকারের সম্পদ হিসেবে পরিগণিত হবেন। নতুন এই দায়িত্বে তিনি পারদমতার স্বাক্ষর রাখবেন বলে আমি আশাবাদী।

বায়ু দূষণ রোধে কাজ করছে জিরো এমিশনস্ নেটওয়ার্ক

গত ১০ জুলাই জিরো এমিশনস্ নেটওয়ার্ক (জেন) তাদের পপ-আপ ইভেন্টে ২৭টি নতুন ব্যবসা প্রতিষ্ঠানকে রিক্রুট করেছে।

টাওয়ার হ্যামলেটস্ বারার বাতাসের মান উন্নত করার লক্ষ্যে ব্যবসা প্রতিষ্ঠানগুলো যাতে দূষণের মাত্রা কমিয়ে আনতে সক্ষম হয়, সেজন্য তাদের সহায়তা করতে জেন বা জিরো এমিশনস্ নেটওয়ার্ক গঠন করা হয়েছে।

ইভেন্টে অংশগ্রহণকারীদেরকে ফ্রি কফি এবং পিজা দিয়ে আপ্যায়ন করে জেন এর সদস্য ব্যবসা প্রতিষ্ঠান দ্যা কফি কাপ এবং মাই পিজা। বর্তমানে জেন প্রজেক্টের সদস্য সংখ্যা ৫ শতাধিক, অথচ প্রাথমিকভাবে এই লক্ষ্যমাত্রা ছিলো মাত্র ২২৫।

■ The above stories are: May-or pays tribute – page 7; new appointment – issue 1069; cutting down on pollution – 1069.

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Students in the Langdon Park kitchen

Debbie Smith makes a pizza

Feeding the

As part of a new initiative to put healthy eating back on the menu, one group of lucky residents enjoyed a fun way to improve their diet while topping up their culinary skills. **Jacqueline Harthill** reports. Photos by **Rehan Jamil**.

Voila! Tasty and healthy pizzas made by student Anne Marie Ibbotson's own fair hands

THE kitchen at Langdon Park Secondary School is full of busy cooks who are making pizza from scratch and having huge fun at the same time.

They aren't part of the school catering staff, nor are they young students learning how to cook. They are parents who have taken part in the council's pilot Ministry of Food programme, in partnership with the Jamie Oliver Food Foundation.

Hilary Cheyne and Sarah McSweeney are both parent support practitioners for the council and delivered the programme. They both went on an intensive training course at the Jamie Oliver Foundation.

"All the nutritional messages are embedded in the training – including how to demonstrate professional techniques," explained Sarah.

"You need to know everything thoroughly to be able to pass on the messages in an accessible way."

Denise Hickford, a parent support advisor for the council, explained that the ethos of the Jamie Oliver Food Foundation is to teach people basic cooking skills on a basic budget, with a basic knowledge of nutrition.

"It has been amazing," Hilary said. "They are such a wonderful group."

"Sarah and I did all the planning for the course. We have a set of Jamie's recipes and we worked out which ones the group might like, talked about what they've tried before, and added in new things for them, things that they wouldn't previously have tried. We got them tasting vegetables and other ingredients."

"They would often start out by saying, I

The scheme was launched in March 2015 as part of the healthy families programme delivered by the council's parental engagement team. It is part of a drive to improve residents' cooking skills and boost healthy eating in the borough.





Michelle Neagle makes pizza dough



imagination



“I find myself trying more types of food. I’ve cooked using a variety of herbs and I’m using a lot of garlic in my cooking lately.”

don’t eat that, I don’t like it. But we’d get them to taste the foods, new vegetables, herbs. There was a bit of resistance to using spinach in the spinach and lentil soup. They began by saying, I don’t like that much, I’m just going to use a couple of leaves, and then they’d come back for big handfuls of the spinach because it was disappearing. It’s been an amazing journey.”

Michelle Neagle did a cooking course when she was 21 and has worked as a dinner lady.

“Except for my cookery course, this is the only thing I’ve finished in years, from start to finish,” she said. Michelle added that she

now feels much more confident using a variety of ingredients that she had never used before.

“We are making pizzas – I am using cheese, ham, anchovies. I’ve never used mozzarella cheese or anchovies before. I’ve made the pastry and the tomato sauce from scratch. I’ve never made a sauce before. I buy them out of tins.”

Michelle said that she wasn’t buying as much convenience food as she used to.

“I find myself trying more types of food. I’ve cooked using a variety of herbs and I’m using a lot of garlic in my cooking lately,” she said.

Julie Fuller said that she had a health scare a few months ago.

“I decided that I wanted to eat healthier. You hear all these things nowadays about the sugar that’s in food,” she told East End Life.

“If you make your own tomato sauce, it is much cheaper. You can make a big batch and freeze it. The ones in the jar taste really sweet.

“Since I’ve been coming here, I’ve been using garlic, red peppers, olives, basil. The food tastes fresher.”

This was the last session in the eight-week course. The group were awarded certificates and given a kitchen herb-growing kit to help them continue with their culinary progression.

Sarah said: “The Jamie experience embeds healthy eating but it is done in a way where you are just having conversations, it is not preaching. It is more acceptable as it

Above: students Julie Fuller, Michelle Neagle, Sharon Sparks, Nicola Bohan, Irene Benjamin, Anne Marie Ibbotson, Debbie Smith and Nathan Giraudel graduate from the Ministry of Food

Left: staff member Sarah McSweeney helps student Nathan Giraudel with his pizza

is in such a relaxed, informal way. Everyone’s tried new things and has been learning and progressing but it’s also been a lot of fun.

“That’s the essence of it!”

Irene Benjamin and her son, Nathan Giraudelle, have both enjoyed taking part. Irene does most of the cooking at home but Nathan says that he will now do more himself.

“I’ve enjoyed it immensely,” he said.

“I liked learning all the techniques, and I’ve enjoyed the banter with all the mums.

“I don’t normally cook with these sort of ingredients – I’ve never cooked using courgettes but it’s been lots of fun, everyone is really down to earth.”

The group have made everything from black beans with egg fried rice, risotto and beef stir fry.

“The idea,” said Hilary, “is that they know it well enough so they can teach the recipe and the methods to someone else.”

The parental engagement team are hoping to extend the programme to get more people involved.

Debbie Smith is glad that she went on the course. “I’ve tried foods here that I haven’t tried at home and it has changed the way I cook at home,” she said.

For more information on the project, contact Tower Hamlets Parent and Family Support Service on 7364 6398 or email parenting@towerhamlets.gov.uk.

For more information on Jamie’s Ministry of Food, visit www.jamieoliverfoodfoundation.org.uk or email info@jamiesministryoffood.gov.uk

Huguenot highlights

Hugenots of Spitalfields charity promotes public understanding of the Huguenot heritage and culture.

SEE BELOW



Making the connection

Julian Wild is part of a communal sculpture project giving people the opportunity to participate in the construction of a large-scale sculpture using low tech, everyday materials.

WWW.JULIANWILD.COM

Out & about guide

What's on where this week

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free refreshments. No beginners.
Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free. Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.
The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092



Stripping The Willow: Sculpture By Julian Wild
In this exhibition Julian Wild shows work in highly polished bronze and stainless steel. Many of the sculptures have been created since Wild has been spending more time in the Sussex countryside surrounded by managed woodland and the rural activities of coppicing, harvesting and working wood.
Open daily until Sat, Aug 15. Free.
Lobby, One Canada Square, Canary Wharf.
www.canarywharf.com

Events

Contemporary Art Boot Camp 2015

Work with five artists over five days and experiment with a range of techniques.
Mon, Aug 17, to Fri, Aug 21. 10am-4pm. Free. Ages 15-21 only. Booking essential.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org

Exhibitions

Performed Painting

Four artists engage with painting through performance, film and video.
Until Sat, Sept 12. Wed-Sun. 12noon-6pm.

The Ryder, 19a Herald St, Bethnal Green, E2.
www.theryderprojects.com

Ariel Narunsky: Judgement

Narunsky proposes to transform the London 2012 Olympic stadium into the largest public artwork with his first London solo show.
Until Fri, Aug 7. Wed-Sat, 12noon-6pm.
Arebyte Gallery, Unit 4, 49 White Post Lane, E9.
www.arebyte.com

Correspondances – Pierrick Mouton & Sister Germaine

French east London-based artist Pierrick Mouton has turned a five-

year dialogue with a Protestant, French-Cameroonian nun living in a convent in France into an installation.
Until Sept 27. Tues-Sun, 10am-5pm. Free.
Nunnery Gallery, 181 Bow Rd, E3.
www.bowarts.org

Things to do

Roman Summer Holiday

Find out all about amphitheatres, gladiator games and battles with Boudicca at workshops, craft activities and storytelling sessions.
Wed, Jul 29-Thu, Aug 6. Free.
Museum of London, 150 London Wall EC2Y.
www.museumoflondon.org.uk

Walks

Huguenot Footsteps: Historic Spitalfields

Walk led by Charlie de Wet, chair of Huguenots of Spitalfields and qualified guide. Tues, Aug 4, 2pm. £10. Meet outside Christ Church.
www.huguenotsofspitalfields.org

Archaeological Walk at Burrell's Wharf

A walk for adults exploring the history of shipbuilding on the Isle of Dogs. Part of Totally Thames Festival. Thurs, Sept 3. 10am-1pm. £8. Meeting at Boat Slipway, off Ferry Street, Isle of Dogs, E14.
www.totallythames.org



Breathing Space

at the London Buddhist Centre in Bethnal Green teaches Mindfulness Based Approaches to prevent relapse into depression and addiction, and to manage stress and anxiety. Our courses and retreats are run in a beautiful self-contained space at the London Buddhist Centre, and at our picturesque retreat centre in the Suffolk countryside. They are not Buddhist activities and you do not need to be a Buddhist to come on them.

Stay Free from Addiction

6-week course in Mindfulness Based Addiction Recovery (MBAR)

- Wednesdays from Aug 5th to Sept 9th, 7.15-9.45pm.
- To apply go to www.breathingspacelondon.org.uk/booking-programme/free-places

Stay Free from Depression

8-week course in Mindfulness Based Cognitive Therapy (MBCT)

- Friday daytimes Sep 4th to Oct 23rd, 12:30-3:00pm.
- To apply go to www.breathingspacelondon.org.uk/booking-programme/free-places

Stay Free from Stress & Anxiety

8-week course in Mindfulness Based Stress Reduction (MBSR)

- Tuesday evenings Sep 8th to Oct 27th, 7.15-9.45pm.
- Monday daytime Oct 5th to Nov 23rd, 2:30-5:00pm.
- To apply go to www.breathingspacelondon.org.uk/booking-programme/free-places

Retreats - Introduction/Refresher to Mindfulness for Health

Mindfulness-based Approaches for Depression and Addiction retreats, held at a beautiful retreat centre in the Sussex countryside.

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Letting the young takeover

Following the success of the last two Youth Takeovers, Rich Mix is devoting the building to young people throughout August with a series of events including theatre and music.

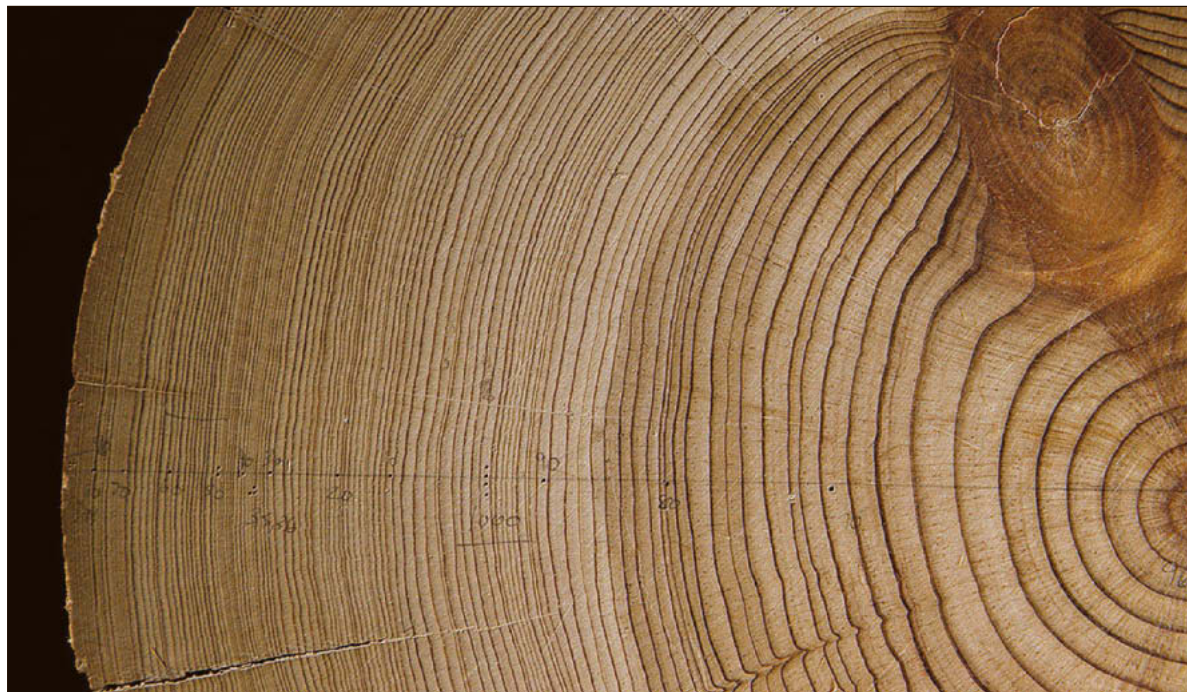
SEE BELOW

Helping local artists

Arts organisation Create explores the ways artists can contribute to lives of people in cities and work with them.

WWW.CREATELONDON.ORG

Out & About



THE Chisenhale Gallery is showing a pair of films by Australian artist Nicholas Mangan all about the role of the sun within human society. Ancient Lights is the first solo exhibition of Mangan's work in the UK. This new work is the culmination of Mangan's extended research into the physical and conceptual power of the sun, and the role that it has played in human economy, culture and technology throughout history. The exhibition is powered by energy harnessed using solar panels placed on the roof of Chisenhale's building, which feed a set of batteries installed in the gallery. The exhibition runs until Sunday, August 23, and is open Wednesday to Sunday, 12noon-6pm. Visit www.chisenhale.org.uk

News in brief Follow the river

THROUGHOUT August, arts organisation Create is inviting people of all ages to get their hands dirty and join them on a journey along the River Lea.

The Leaway is a new route being developed along the River Lea that will connect Queen Elizabeth Olympic Park to the Royal Docks and the River Thames. Areas of the river will be made fully accessible to the public for the first time.

Create will work with artists and people living locally to understand the important contribution the Lea has made to the lives of Londoners. Through live music and events the programme will explore the natural history of the area; uncover the part the River Lea played in the story of dirt, pollution and sewage in London; pay tribute to the cultural story of east London through Grime music; and share stories of the epic industrial history of the area.

For full events information and ticket details visit www.queenelizabetholympicpark.co.uk/leaway

A festival hopeful

WHITECHAPEL resident Nick Myles (picture below) is taking an unusual show to this year's Edinburgh Fringe Festival.

Mistaken: A Quartet of Plays for One Actor stars actor William McGeough in four different roles, and Nick described the project as "a chocolate box of playlets – they each have a unique flavour".

The Edinburgh Fringe Festival, which runs from August 7 to 31, sees thousands of acts competing for audiences.

"It's a daunting prospect, and very expensive – we're trying to raise part of the budget through a Crowdfunder project – hopefully it'll be worth it and we'll get some decent reviews," added Nick.

To donate visit www.crowdfunder.co.uk/taking-mistaken-to-the-edinburgh-fringe-festival



A Rich Mix of upcoming youth talent

THIS August Rich Mix in Bethnal Green will be hosting a Youth Takeover Festival, offering 22 days of free arts activities.

Visitors aged between 16 and 25 can get involved in masterclasses, technology and production, live industry showcases, theatre, gigs, beats and meet industry professionals.

All events, which run between Saturday, August 1 and Saturday, August 22, are free and showcase a variety of arts partners, including Barbican, Battersea Arts Centre, The Arts Award, Hackney Empire and Edinburgh Fringe previews.

During the day there will be master classes and opportunities to meet sector professionals. The evenings will host scratch nights and live events highlighting the best in spoken word, music, comedy, dance and theatre.

Events include Spora Stories: East End Boys, West End Girls on Saturday, August 8; A One Night Stand with Ty and Ty on Monday, August 10; Blog Beauty on Saturday, August 15; and a Grand Union Youth Orchestra taster day on Tuesday, August 11.

For full listings of all the events visit www.richmix.org.uk or 7613 7498.

Young and old bring history to life with art

BY MELANIE YEA

A GROUP of 12 older people living in the Brick Lane area and 12 year 3 pupils from Christ Church C of E Primary School have been working together to create Frames of Brick Lane – a series of paintings exploring the living history of the area.

Using drawing and poetry, storytelling and map-making the group met weekly throughout the summer term, working with storyteller Surya Turner and artist and illustrator Ben Connors.

Together the group researched and learned about the history and stories of people and places in the area around Christ Church School, with pupils' families taking part in their research, sharing stories about how their families came to Brick Lane and Whitechapel.

Both old and young shared their personal experiences and memories, and found connections across the generations, which they used as inspiration for four large scale paintings.

Adult members of the group ranged in age from 60s to early 90s. Project participant Laurie (pictured), an older man from the Aldgate area,



said: "I found the energy of the children enthused us all."

The project has been run by artists from Magic Me, an intergenerational arts charity that aims to build stronger, friendlier communities by bringing together old and young who might not otherwise meet, to learn, share and create together.

Headteacher of Christ Church School, Julian Morant, said: "It has been fun and exciting to see the impact that spending time

with the older people has had on the children. They have loved it and the exchange of stories and ideas has been inspirational."

Frames of Brick Lane was made possible by financial support and volunteers from global law firm, Allen & Overy.

Kate Cavelle from A&O said: "As a neighbour to Brick Lane we've been committed to supporting local communities and celebrating the diversity around us for years."

The paintings will be on show until Tuesday, July 28 in the foyer of Allen & Overy's offices in Bishops Square, E1, before being installed in the school's community space, the Garden Building, from the autumn.

Tower Hamlets food contract is up for grabs

Tower Hamlets Council is holding a 'market engagement event' on August 6 at the Town Hall to find corporate catering suppliers able to bid for the council's Corporate Catering and Hospitality Framework.

Suppliers of English, Bengali, Chinese, French, Italian, Turkish, Nigerian and Somali food are encouraged to attend the event and find out more about how to tender.

The contract consists of four lots;

Lot 1 – Will be the principle supplier who will operate the business café in the town hall. This lot will also include hospitality to the town hall and other administration sites, however not exclusively.

Lot 2 – Will consist of several SME suppliers of differing ethnic cuisine. These suppliers will offer a delivery service to departments around the borough and occasionally in the Town Hall.

Lot 3 – Will consist of small coffee/snack bars at our Idea Stores.

Lot 4 – Is to supply a chain of mobile catering food types for our Arts & Park Events.

Businesses interested in attending the market engagement event should book a place **by noon on August 4** via the London tender Portal: https://www.londontenders.org/procontract/supplier.nsf/frm_home?openform (REF DR4413)



THE WAY WE REGISTER TO VOTE HAS CHANGED



YOUR VOTE MATTERS

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www.gov.uk/register-to-vote

Annual Canvass 2015

Household Enquiry Forms will be delivered to every property in the borough from early August 2015.

The Household Enquiry Form will contain the details of individuals currently registered at the property. The form is **not** a registration form but you do need to complete it.

It is a legal requirement for residents to confirm details relating to the Household Enquiry Form.

Completing the Household Enquiry Form

If all the details listed on the form are correct, you can call **0800 197 9871** to confirm or Text **NOCHANGE** followed by your security code to **80212**. If you prefer, you can fill in the form online at:

www.registerbyinternet.com/towerhamlets.

You will need the security code provided on your form to use these services.

Alternatively, complete the form and send it back to us in the pre-paid envelope provided (postage is free).

If you have any questions, please contact the Electoral Services Office:

Tel: 020 7364 0872

Email: vote@towerhamlets.gov.uk

Web: www.towerhamlets.gov.uk/vote





Jobs and training on the menu

Café Relax is run by Flavour Gateway, a social enterprise set up by local charity City Gateway, which provides free training and employment opportunities for excluded local residents.

WWW.FLAVOURGATEWAY.COM

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4061

Eating out, eating in

In 2015, a decent lunch for 2 for £9... who knew?

BY AVARICIOUS ARCHIE

CAN you get a decent lunch for two in Tower Hamlets for less than a tenner?

Being near to the end of the month, with cash not so flowing, I set myself the task of trying to eat cheaply and well at lunchtime, without stepping foot in a fast food joint.

We thought we'd try the New Boxer Coffee Shop, a small, cozy coffee shop in Aldgate. Despite the steady flow of customers, we were welcomed as if we were long lost family members.

Customers in front of us were ordering coffees made with Lavazza beans, paninis, sandwiches and baguettes. All were made fresh to order, using fresh produce.

After looking at the menu, we decided to try the establishment's home-style curry with rice. This, we were informed, was made on the day and reheated to serve. We both ordered a cup of tea to accompany our meal, which also came with a side salad.

Our food arrived promptly



Forget the fast food – there's better grub at New Boxer Coffee Shop

and piping hot. The curries were nice if not exceptional. Decent home-style cooking without the pretence of fine dining and quickly served by staff who are happy for your custom.

Particularly noticeable were the large number of local business people and residents coming in and out of the café, all of whom were regulars – or it

appeared so from the familiarity of the greetings and the nature of the conversation. We came away with the impression that café staff are highly regarded in their community.

Now, for the bill. Our hearty, home-cooked meal came in at a staggering £9 for two, including a much-needed cuppa. Mission accomplished, we left

feeling that the cheap option for something tasty for dinner doesn't have to be a visit to a fast food restaurant.

We'll definitely be back again for another trip – after all, you can't get much for a tenner these days.

New Boxer Coffee Shop is at 111 Commercial Road, E1. Tel: 3490 4870.

Healthy... with a chocolatey twist

THIS recipe is supplied by Flavour Gateway, a social enterprise that offers training and employment opportunities to local residents.

It has a café called Kitchen 32 at 32 Mastmaker Road on the Isle of Dogs. A stone's throw from Canary Wharf, the café serves fresh

Union coffee, hot breakfast and lunches, salads, sandwiches and snacks daily from 8am-2pm.

For more information go to the café's Facebook page – www.facebook.com/VisitK32

This tasty recipe provides a naughty but nice breakfast that will set you up for the day.



Nutella and banana porridge with buttered Granny Smiths

Ingredients 3 tbsp Nutella hazelnut spread
1 banana, finely sliced

FOR THE PORRIDGE

100g wholegrain rolled oats
300ml milk
300ml water
Pinch of salt

FOR THE BUTTERED APPLES
30g unsalted butter
3 Granny Smith apples
1 tbsp caster sugar

Method

1. Place the oats, milk and water in a saucepan.
2. Bring to a boil slowly for five minutes and stir.
3. Add the bananas. Simmer for ten minutes, stirring often. The bananas should dissolve.
4. Remove from heat then stir in the Nutella.

5. Melt the butter in a pan over a medium heat.
6. Add the apples and sprinkle with sugar.
7. Cook until golden then turn over gently, to avoid breaking.
8. Spoon the cooked porridge into bowls.
9. Top with the buttered apples and enjoy.

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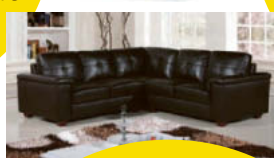
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2 Bedroom	£302.33 per week
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*The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and shares other facilities.



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Houses fit for family living

The Watts Grove scheme will provide 148 affordable rented units, comprising 13 houses and 135 flats in four blocks of five and seven storeys. Forty-five per cent will be suitable for families.

SEE BELOW

Step onto career ladder

The STEP scheme is open to jobseekers aged 16 or over and includes a three-day employability course.

WWW.GATEWAYHOUSING.ORG.UK/STEP

Property

Housing scheme will combat overcrowding

BY SAM GOUGH

CONSTRUCTION has begun on the Watts Grove housing scheme.

This will see 148 new, affordable dwellings built for the people of Tower Hamlets to rent.

Watts Grove will be a key part of the council's strategy to build more affordable housing and combat overcrowding. The homes will all be managed by Tower Hamlets Homes and let at affordable rents.

Overcrowding in Bromley South, where Watts Grove is located, currently stands at 23 per cent. The council hopes the introduction of 13 houses and 135 flats, in four blocks of five and seven storeys (565 rooms), will help to reduce it.

Forty-five per cent of the homes will be suitable for families – a mix of three- and four-bedroom units. Ten per cent of the properties will also be accessible by wheelchair. The area will also include communal gardens and play areas.

Approximately £26 million has been allocated to the project – including £6.9 million from the Greater London Authority (GLA).

Mayor John Biggs said: "The homes built at Watts Grove



Watts Grove will be a key part of the council's strategy to build more affordable housing

will help to alleviate the housing situation in the borough.

"The people of Bromley South have expressed, again and again, that they are in need of more housing stock there, and Watts Grove will deliver exactly what

they have been demanding.

"I inherited this scheme and welcome the new homes which are a good thing. But I want to examine further just how affordable they are."

Watts Grove is a brownfield

site, which previously operated as a functioning depot for the council's waste and street cleaning operations, delivered by Veolia. The depots have been moved to other sites in the borough.

Training courses for unemployed

Social landlords offer helping hand

A PARTNERSHIP of social housing landlords is set to re-run a series of free training courses for unemployed and under-employed residents.

Gateway Housing Association, working in partnership with Academy 4 Housing and the council, is inviting residents to enrol on its Support to Employment Programme (STEP), which is open to jobseekers aged 16 or over.

The scheme includes a three-day employability course for 16- to 18-year-olds, starting on August 3, followed by a two-week work placement at Sainsbury's Whitechapel branch.

An accredited training scheme for jobseekers who

would like to improve their employability skills runs from August 10-12; and an 11-week basic IT and word processing course will start on Thursday, September 17.

STEP aims to help residents overcome barriers to employment and increase their confidence by offering professional CV writing workshops, help with job application forms, interview preparation, work and volunteering placements and accredited qualifications.

Single parent Khadra was out of work for more than seven years before she enrolled on a STEP teaching assistant course. She now works at a local school.

"The programme is really empowering women to become financially independent, especially parents who have been out work for a long time," she said.

"The workplace is always changing and the STEP project has helped me to prepare for that. Little things about my chosen profession have really helped my kids in other ways – now when we read a story together I ask them questions about it too – something I've learnt to do from my teaching assistant course."

Visit www.gatewayhousing.org.uk/step for details.



Khadra Ibrahim



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You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因為這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف اس صورت میں بولی دے سکتے ہیں اگر "ہاؤسنگ پلاننگ لسٹ" میں آپ کی درخواست واجب اورز پر فور ہے۔ براؤزر ان میں سے کسی گھر کو دیکھنے کے لئے مت جائیے کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet 'Support Charges in long term Supporting People Services'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
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2. Telephone Bidding
Simply call 0845 270 2400

Calls cost 10p per minute plus your phone company's access charge. You can also bid on line at Tower Hamlets Homeseekers: www.thhs.gov.uk at no cost. If you do not have internet access at home, you can use computers available at the One Stop Shops and Idea Stores, free of charge, to search for suitable homes and place bids.

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the

Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

Health Assessments

Every year we receive many housing transfer applications based on medical needs, i.e. cases where residents wish to move to another property because of their medical problems and consider their current home to be unsuitable.

In order to assess each medical case correctly, all medical applications are assessed by independent health advisors. Once the health advisor has assessed the case they will notify us of their recommendation which will be considered by the lettings team. We will inform the applicant of the decision, if a medical priority has been awarded.

We have published examples of cases where a medical priority has been awarded and some where a medical application has been refused. This will give you a better understanding of the type of medical applications we receive and how they are assessed.

Referrals of applications for a health priority 1 January 2015 – 31 March 2015

Number of assessments at all stages		%
Initial assessments	398	88%
1st stage appeals	50	12%
Total	448	100%

Results of initial assessments		%
Initial assessments	398	100%
Emergency	2	0.5%
Extenuating	24	6%
No award	161	40.5%
Rejected	40	10%
Cancelled	79	20%
Still outstanding	92	23%

Results of 1st stage appeals		%
1st stage appeals	50	100%
Up to emergency	0	0%
Up to extenuating	2	4%
No change	8	16%
Down to extenuating	0	0%
Down to no priority	0	0%
Withdrawn	0	0%
Still outstanding	40	80%

Cases yet to be assessed
include ones where we are waiting for information.
Cases that have been cancelled
are where there has been a change in the applicant's circumstances so they no longer require a medical assessment.
Still outstanding includes requested 3rd party information

Total number of assessments and awards		%
Total combined assessments	448	100%
Emergency	2	0.4%
Extenuating	26	6%

Referrals of applications for a health priority 1 April 2015 – 30 June 2015

Number of assessments at all stages		%
Initial assessments	373	87%
1st stage appeals	57	13%
Total	430	100%

Results of initial assessments		%
Initial assessments	373	100%
Emergency	1	0.3%
Extenuating	15	4%
No award	147	39.2%
Rejected	55	15%
Cancelled	73	19.5%
Still outstanding	82	22%

Results of 1st stage appeals		%
1st stage appeals	57	100%
Up to emergency	0	0%
Up to extenuating	0	0%
No change	17	30%
Down to extenuating	0	0%
Down to no priority	0	0%
Withdrawn	3	5%
Still outstanding	37	65%

Cases yet to be assessed
include ones where we are waiting for information.
Cases that have been cancelled
are where there has been a change in the applicant's circumstances so they no longer require a medical assessment.
Still outstanding includes requested 3rd party information.

Total number of assessments and awards		%
Total combined assessments	430	100%
Emergency	1	0.2%
Extenuating	15	3%

Case Types

We have given some examples of cases where a health assessment has taken place to give you an idea of how a priority may be awarded. We keep in mind the nature of the health problem and whether the home they live in is suitable.

REJECTED

Applicant recently had a caesarean section.

This is a common operation for which full recovery is expected. It is not a long term substantial illness or disability. The applicants housing would not be a factor so we would not consider it for an assessment.

Applicant's asthma is made worse by other family members cigarette smoke

This is a lifestyle rather than a medical issue. The applicant will suffer from asthma wherever they live and unless the family members stop smoking in the home it will continue to be an issue. We would not consider this for an assessment.

NO PRIORITY

Applicant complaining of back pain. Currently lives in a 2 bed, 3rd floor flat with 2 children under 10.

An OT (occupational therapist) assessment took place. The flat is served by a lift and is on one level with no internal stairs. Therefore the flat is deemed as suitable and no priority is awarded.

Applicant has asthma. Currently lives in a 3 bed, 3rd floor un-lifted flat with spouse and 4 children.

The evidence provided gave the medication the applicant was on and the doctor who assessed the case felt that the Asthma is currently well controlled. There are no reasons why the applicant cannot manage the stairs. Therefore no priority is awarded.

Applicant in 30s diagnosed with arthritis. Current home is a 2 bed 1st floor flat.

An OT assessment took place. The applicant was able to get into their own home and move around it unassisted. Therefore no priority was awarded.

Applicant claims to suffer from recurrent chest infections. Current home is a 1 bed, 4th floor lifted flat.

Current illness is relatively minor in nature and is treated by standard medication. They have a lift. Therefore no priority is awarded.

EXTENUATING

Applicant is in their late 50s and suffering from severe osteo-arthritis. Current home is on the ground floor with four steps to the front door.

This illness is long term and getting around will get harder with time. They cannot manage the four steps so cannot get in or out of the home. A home with no steps inside or outside is needed. It does not have to be ground floor provided there is a lift. Therefore extenuating priority is awarded.

10 year old child with congenital heart defect and epilepsy. Currently resides with his parents in his grandparent's house. The house is overcrowded to the extent that there is no room for essential medical equipment.

Space is required for the medical equipment for this illness which is severe and long term. The house is not suitable and so extenuating priority is awarded.

4 year old child with cerebral palsy. Currently lives in a two bed flat with parents and 2 siblings.

An OT assessment took place. They confirmed that the current home cannot be adapted. Therefore the home is not suitable for the child and extenuating priority is awarded.

Mother of 40 shares bedroom with daughter. One son. She has enduring mental health problems, including bi-polar disorder. Currently lives in 2 bed home.

The nature of her mental illness is such that she needs her own bedroom and the overcrowding would affect her mental state. The home is unsuitable because they need an extra bedroom therefore extenuating priority is awarded.


























EMERGENCY
















Applicant in their 30s has undergone below-knee amputation because of bone tumour and is currently undergoing chemotherapy. Family home is an un lifted maisonette above the ground floor, with bathroom and toilet upstairs.

Applicant cannot get upstairs so the hospital will not be able to release them as the home is unsuitable. Therefore emergency priority is awarded.

Applicant in their mid 20s has inoperable cancer, currently undergoing radical radiotherapy with care from a known hospice. Current home is on the 3rd floor and un-lifted.






The hospice cannot release them as the home is unsuitable and emergency priority is awarded.

 <p>OVER 60's Accessible Category F CABLE STREET, E1</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission</p> <p>Eligibility : Band 3 • Min Client Age 60</p> <p>£137.78, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 33000</p>	 <p>BEDSIT SELF-CONTAINED FLAT Accessible Category F ELIZABETH CLOSE, E14</p> <p>Flat • 0 Bed 1 Person • Ground Floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets with landlords permission . One week advance rent required</p> <p>£98.20, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33023</p>	 <p>1 BEDROOM Accessible Category E PARFETT STREET, E1</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£115.10, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 32998</p>	 <p>1 BEDROOM Accessible Category F WODEHAM GARDENS, E1</p> <p>Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted</p> <p>£0.00, Rent to be advised Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 33001</p>	 <p>1 BEDROOM Accessible Category F PRINCELET STREET, E1</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted</p> <p>£113.28, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 33008</p>
 <p>1 BEDROOM Accessible Category G BURHAN UDDIN HOUSE, COMMERCIAL STREET, E1</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£127.96, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 33031</p>	 <p>1 BEDROOM Accessible Category D UPPER NORTH STREET, E14</p> <p>Flat • 1 Bed 2 Person • 4th floor • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C,Wet room (walk in shower) • GCH • Balcony • Car free home • Pets not permitted</p> <p>£107.37, Weekly - Social Rent Landlord: Southwark & London Diocesan HA</p> <p>Property Ref: 32983</p>	 <p>1 BEDROOM Accessible Category F SPEARMAN HOUSE, UPPER NORTH STREET, E14</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£125.75, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33024</p>	 <p>1 BEDROOM Accessible Category F KILDARE WALK, E14</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission.One week advance rent required</p> <p>£127.28, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33022</p>	 <p>1 BEDROOM Accessible Category C CARNELL APARTMENTS, ST ANNE'S ROW, E14</p> <p>Flat • 1 Bed 2 Person • 4th floor • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted .One week advance rent required</p> <p>£138.11, Weekly - Social Rent Landlord: Gallions Housing Association</p> <p>Property Ref: 33026</p>
 <p>1 BEDROOM Accessible Category G BRADBEER HOUSE, CORNWALL AVENUE, E2</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets permitted • Fixed Term. This is a fixed term tenancy of 6 years.One months advance rent except</p> <p>£116.72, Weekly - Social Rent Landlord: Affinity Sutton</p> <p>Property Ref: 33028</p>	 <p>1 BEDROOM Accessible Category F ADDINGTON ROAD, E3</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£111.46, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33020</p>	 <p>1 BEDROOM Accessible Category F ST LEONARDS STREET, E3</p> <p>Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted</p> <p>£112.54, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 32994</p>	 <p>1 BEDROOM Accessible Category F TOMLINS GROVE, E3</p> <p>Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£111.39, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 32993</p>	 <p>2 BEDROOMS Accessible Category F SOLANDER GARDENS, LOWOOD STREET, E1</p> <p>Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£125.12, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 33019</p>
 <p>2 BEDROOMS Accessible Category F TROON HOUSE, WHITE HORSE ROAD, E1</p> <p>Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>Eligibility : Homeless Permanent</p> <p>£132.71, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32979</p>	 <p>2 BEDROOMS Accessible Category F WALTER BESANT HOUSE, BANCROFT ROAD, E1</p> <p>Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Check garden on viewing • Permit parking • Pets not permitted</p> <p>£128.90, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32981</p>	 <p>2 BEDROOMS Accessible Category F PEABODY BUILDINGS BLOCK G, JOHN FISHER STREET, E1</p> <p>Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week advance rent required</p> <p>Eligibility : Homeless Permanent</p> <p>£137.31, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 32989</p>	 <p>2 BEDROOMS Accessible Category D GLENCOE HOUSE, LANRICK ROAD, E14</p> <p>Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Shared garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£159.08, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 32986</p>	 <p>2 BEDROOMS Accessible Category F ALICE SHEPHERD HOUSE, MANCHESTER ROAD, E14</p> <p>Maisonette • 2 Bed 4 Person • 5th floor • Separate kitchen • Two lifts • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years for new tenants -existing social housing tenants will be issued an assured tenancy</p> <p>£160.76, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 33003</p>
 <p>2 BEDROOMS Accessible Category G HOPKINS HOUSE, CANTON STREET, E14</p> <p>Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£146.69, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33025</p>	 <p>2 BEDROOMS Accessible Category C URSULA COURT, BROWNFIELD STREET, E14</p> <p>Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£141.35, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33015</p>	 <p>2 BEDROOMS Accessible Category G MALLORY CLOSE, E14</p> <p>Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Check garden on viewing • Permit parking • Pets with landlords permission .One week advance rent required</p> <p>£137.46, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33021</p>	 <p>2 BEDROOMS Accessible Category F KEDGE HOUSE, TILLER ROAD, E14</p> <p>Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years for new tenants -existing social housing tenants will be issued an assured tenancy.</p> <p>£183.30, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 33005</p>	 <p>2 BEDROOMS Accessible Category D BLACKWALL WAY, E14</p> <p>Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years for new tenants -existing social housing tenants will be issued an assured tenancy.</p> <p>£182.25, Weekly - Social Rent Landlord: Swan Housing Association</p> <p>Property Ref: 32996</p>

 <p>2 BEDROOMS Accessible Category F DARTMOOR WALK, E14</p> <p>Flat • 2 Bed 3 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Garage • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years.</p> <p>Eligibility : Band 3</p> <p>£153.21, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 32995</p>	 <p>2 BEDROOMS Accessible Category F GARNET STREET, E1W</p> <p>Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£146.96, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 33006</p>	 <p>2 BEDROOMS Accessible Category F CORFIELD STREET, E2</p> <p>Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£124.75, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32990</p>	 <p>2 BEDROOMS Accessible Category F NEWCOURT HOUSE, POTT STREET, E2</p> <p>Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£125.79, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32980</p>	 <p>2 BEDROOMS Accessible Category F FLORIDA STREET, E2</p> <p>Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted</p> <p>£146.22, Weekly - Social Rent Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 32984</p>
 <p>2 BEDROOMS Accessible Category G LYSANDER HOUSE, TEMPLE STREET, E2</p> <p>Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted</p> <p>£145.76, Weekly - Social Rent Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 32999</p>	 <p>2 BEDROOMS Accessible Category F HACKNEY ROAD, E2</p> <p>Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>£145.55, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32978</p>	 <p>2 BEDROOMS Accessible Category F GREGALE HOUSE, VOYSEY SQUARE, E3</p> <p>Flat • 2 Bed 3 Person • 10th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted</p> <p>£148.77, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 33029</p>	 <p>2 BEDROOMS Accessible Category F REBECCA HOUSE, BROKESLEY STREET, E3</p> <p>Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£115.90, Weekly - Social Rent Landlord: Industrial Dwellings Society</p> <p>Property Ref: 33030</p>	 <p>2 BEDROOMS Accessible Category F GRAFTON HOUSE, WELLINGTON WAY, E3</p> <p>Flat • 2 Bed 3 Person • 21st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Residents parking scheme • Pets with landlords permission. Children must be aged 10 years or older</p> <p>£145.34, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 33004</p>
 <p>3 BEDROOMS Accessible Category F OLD CHURCH ROAD, E1</p> <p>Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted</p> <p>Eligibility : Homeless Permanent</p> <p>£141.06, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32982</p>	 <p>3 BEDROOMS Accessible Category F CORDELIA STREET, E14</p> <p>Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£152.28, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33014</p>	 <p>3 BEDROOMS Accessible Category F TEVIOT STREET, E14</p> <p>Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission .One week advance rent required</p> <p>Eligibility : Homeless Permanent</p> <p>£160.44, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 33009</p>	 <p>3 BEDROOMS Accessible Category F SOUTHCOTT HOUSE, DEVONS ROAD, E3</p> <p>Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission .One week advance rent required</p> <p>£160.84, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 32987</p>	 <p>3 BEDROOMS Accessible Category F LOWESWATER HOUSE, SOUTHERN GROVE, E3</p> <p>Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted</p> <p>£150.19, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 33007</p>

 <p>3 BEDROOMS Accessible Category F ATHELSTANE GROVE, E3</p> <p>House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets permitted</p> <p>Eligibility : Transfer List</p> <p>£161.30, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 32997</p>	 <p>4 BEDROOMS Accessible Category F VIOLET ROAD, E3</p> <p>Maisonette • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission One week advance rent required</p> <p>£171.41, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 32985</p>
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Reminder: Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

 <p>AFFORDABLE RENT Accessible Category C FRANK WHIPPLE PLACE, E14</p> <p>Maisonette • 4 Bed 6 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C,Wet room (walk in shower) • GCH • Private garden • Car free home • Pets not permitted • Life Time.</p> <p>£278.41, Weekly - Affordable Rent Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 32977</p>	 <p>AFFORDABLE RENT Accessible Category D WINFORD HOUSE, JODRELL ROAD, E3</p> <p>Flat • 1 Bed 2 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>Advert represents 2 properties £174.00, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33010</p>	 <p>AFFORDABLE RENT Accessible Category D WAVERTON HOUSE, JODRELL ROAD, E3</p> <p>Flat • 1 Bed 2 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£174.00, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33012</p>	 <p>AFFORDABLE RENT Accessible Category D WAVERTON HOUSE, JODRELL ROAD, E3</p> <p>Flat • 1 Bed 1 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£171.00, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33013</p>	 <p>AFFORDABLE RENT Accessible Category F VASSALL HOUSE, ANTILL ROAD, E3</p> <p>Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£245.37, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33018</p>
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AFFORDABLE RENT PROPERTIES



AFFORDABLE RENT
Accessible Category E
OCEAN STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Life Time.

£189.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 32988



AFFORDABLE RENT
Accessible Category E
EAST INDIA DOCK ROAD, E14

Flat • 2 Bed 3 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£236.33, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 33027



AFFORDABLE RENT
Accessible Category C
REPTON STREET, E14

Maisonette • 4 Bed 6 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C,Wet room (walk in shower) • GCH • Private garden • Car free home • Pets not permitted • Life Time.






£278.41, Weekly - Affordable Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 32976

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

 <p>AFFORDABLE RENT Accessible Category F STRAHAN ROAD, E3</p> <p>Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£165.86, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33002</p>	 <p>AFFORDABLE RENT Accessible Category D GRENVILLE HOUSE, ARBERY ROAD, E3</p> <p>Flat • 1 Bed 1 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£168.00, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 32992</p>	 <p>AFFORDABLE RENT Accessible Category D STURDY HOUSE, GERON ROAD, E3</p> <p>Flat • 2 Bed 2 Person • Ground Floor • New build • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£204.00, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 32991</p>	 <p>AFFORDABLE RENT Accessible Category F MOHAWK HOUSE, GERON ROAD, E3</p> <p>Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£194.40, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33017</p>	 <p>AFFORDABLE RENT Accessible Category E TAIT COURT, ST STEPHENS ROAD, E3</p> <p>Maisonette • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£293.55, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 33016</p>
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The Norton Folgate Almshouses VICTORIAN ALMSHOUSE, PUMA COURT E1



DETAILS

Victorian Almshouse Cottage

- General needs flat
- Two bedrooms
- Ground floor
- Gas central heating with communal supply
- No garden
- No concierge
- No entryphone
- No pets allowed
- No adaptations
- Separate kitchen
- Bathroom/wc combined
- Shower over bath
- No parking – car free

CRITERIA

- Must be a resident in Tower Hamlets, priority will be given to applicants from Spitalfields.
 - Must be a 'poor person(s)' in demonstrable need of housing.
- Single person applicants or applicants that will cause overcrowding will not be shortlisted and need not apply.

CONTACT: Danielle Joseph
THCH Shadwell Community
Housing Office, 54 Bigland
Street, London E1 2ND
T: 020 7791 9790
E: danielle.joseph@thch.org.uk

Tower Hamlets Apprenticeship Programme

Skillsmatch
INNOVATION IN JOB BROKERAGE

The apprenticeships on offer:

Level 2 Apprenticeship in
Business and Administration

Level 2 Apprenticeship in
Customer Service

Level 2 Apprenticeship in
other areas including, Play &
Learning (Children's Centre),
Vehicle Maintenance and IT

Tower Hamlets council is now recruiting for its apprenticeship programme. This 12 month scheme offers a great opportunity for any young person who would like to achieve a nationally recognised qualification whilst gaining valuable work experience. Successful candidates will be placed in teams across the council.

To be able to apply, you must:

- be a resident of Tower Hamlets
- be aged between 16–24 years old
- either have or expected to achieve a grade D or above in GCSE English and grade E or above in GCSE Maths (or equivalent)
- must not hold a degree or level 4 qualifications
- be committed to the council's core values of achieving results, engaging with others, valuing diversity and learning effectively.

Programme benefits include:

- An opportunity to gain a nationally recognised vocational qualification
- A 12 month fixed term contract
- 30 hours per week @ £9.15 per hour
- 21 days annual leave per annum.

We want this programme to represent all sections of our community and we positively encourage all to apply including people with disabilities. A DBS enhanced check (criminal record check) that is satisfactory to us may be a condition of appointment for some of the roles.

Info session and Basic Skills Testing: 30 July, 5 August, 17 August & 25 August

Assessments and Interviews: September 2015

Programme start date: October 2015

To apply for these opportunities please ring Skillsmatch on 020 7364 0626 no later than 12pm on 23 August 2015.

Applicants must leave their name and number explaining what vacancy/opportunity they are applying for and one of the advisors will call back and conduct a telephone screening. Those that pass this screening will be invited in for observation and testing.



INVESTORS IN PEOPLE | Silver

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Safeguarding Adults and Learning Disability Strategy and Governance Manager

Education, Social Care & Wellbeing Directorate
Ref: ESW00544 | Closing date: 30.07.2015

£43,620 - £46,359
per annum

Hostel Pathway Manager

Development & Renewal Directorate
Ref: DEV00549 | Fixed term contract
Closing date: 02.08.2015

£36,186 - £39,069
per annum

Social Workers – Family Support and Protection

Children's Services Directorate
Ref: ESW00443 | Closing date: 16.08.2015

£32,157 - £41,811
per annum

Family Centre Social Worker x3

Children's Services Directorate
Ref: ESW00584 | Closing date: 02.08.2015

£32,157 - £41,811
per annum

Targeted Youth Support Case Worker

Communities, Localities and Culture Directorate
Ref: CLC00729 | Closing date: 09.08.2015

£32,157 - £34,380
per annum

Skills for Life Lecturer - ESOL Specialist

Communities, Localities and Culture Directorate
Ref: CLC00723 | Fixed term contract | Term time only
17.5 hours | Closing date: 16.08.2015

£26,798 - £31,190
per annum (pro rata)
plus London Weighting
£2,796 (pro rata)

Skills for Life Tutor - Literacy Specialist

Communities, Localities and Culture Directorate
Ref: CLC00730 | Fixed term contract | Term time only
Closing date: 16.08.2015

£26,798 - £31,190
per annum (pro rata)
plus London Weighting
£2,796 (pro rata)

Sessional Tutor - Employability

Communities, Localities and Culture Directorate
Ref: CLC00724 | Sessional hours
Closing date: 16.08.2015

£20.78 - £26.35
hourly rate

Sessional Tutor - Literacy

Communities, Localities and Culture Directorate
Ref: CLC00731 | Sessional hours
Closing date: 16.08.2015

£20.78 - £26.35
hourly rate

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



To place your recruitment advert in East End Life

please call...

Terri on 7364 4681
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

DREAM MAKER NURSERY E1

Deputy Manager

Must have level 3 in childcare and 12 months deputy experience.

Working 30-40 hours per week.

Send CV to
nurserystaff@yahoo.com

Smart Training

Want to work in childcare?

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a childcare career? Then study for free* for a Childcare Traineeship with Smart Training.

Training is weekly in East London.

- High quality childcare placement
- Get tuition to improve your Maths and English
- Improve your interview skills
- Get help with job searching
- Gain a Certificate in Work Skills.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years.



Interested? Text SMART to 80800, email start@smart-training.com or phone 020 3700 4294.

www.smart-training.com/jobsandadvice



Providing Personalised Care and Support in Tower Hamlets

Extra Care Registered Manager

Bengali Speaking

Ref: 10989EEL

Up to £33,000pa based on experience and qualifications

We are looking for a Registered Manager to lead 2 Extra Care Schemes in Tower Hamlets; Sonali Garden and Coopers Court. You must be a competent Bengali Speaker and be able to communicate effectively to service users, families, staff and involved professionals. You will be warm, person centred and able to demonstrate leadership ability and relevant experience in social care, preferably gained in the care and support of older people.

We would love to show you around these great services and have the opportunity to tell you more about the role. You will find Creative Support to be a welcoming and inclusive employer that can offer you opportunities for personal growth and development.

For more information or to arrange a visit contact our Service Director Mahip Singh on 07815 518847. Mahip will be delighted to meet you and show you around.

Closing Date: 14 August 2015

A progressive not for profit agency (charitable status 27440R) which promotes equality of opportunity for all.



The City and East London Bereavement Service is seeking to appoint an

ADMINISTRATOR

Days: 24 hours a week over 4 days

Salary: £11 400 p.a. (based on FTE of £19,000 p.a.)

This post will be until March 2018, subject to the successful completion of the 6 month probationary period.

Key tasks include: excellent organisational skills, a good understanding of IT systems including financial management systems (e.g Excel and awareness of how to create and manage pivot tables) and a calm, compassionate telephone manner to support people who telephone the service in distress.

For further information about the role, or for a copy of the application form, job description and person specification please contact Sheridan Whitfield, Director on **0203 022 5177** or email sheridan.whitfield@celbs.org.uk

Closing date: 9.00am 7th August
Interview date: 25th August

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – TRINITY SQUARE EC3

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with The City of London, proposes to make an Order, which will prohibit vehicular traffic from stopping or proceeding the following temporary prohibition:

Location:

- Trinity Square, on the eastern arm, to the southernmost end, from its junction with Cooper's Row;
- Trinity Square, on the southern arm, approximately 20 metres, west, from its junction with the eastern arm of Trinity Square;
- Cooper's Row for a distance of approximately 30 metres, north from its junction with Trinity Square.

Reason: To allow essential crane works to be carried out on the public highway by Select Plant Hire;

Alternative Route: For vehicular traffic will be via Cooper's Row, Pepys Street, Savage Gardens and Trinity Square;

Period: On the following four weekends:

- On Saturday 15th August 2015 from 04:00 hours until 20:00 hours;
- On Sunday 16th August 2015 from 04:00 hours until 20:00 hours;
- On Saturday 22nd August 2015 from 04:00 hours until 20:00 hours;
- On Sunday 23rd August 2015 from 04:00 hours until 20:00 hours;
- On Saturday 29th August 2015 from 04:00 hours until 20:00 hours;
- On Sunday 30th August 2015 from 04:00 hours until 20:00 hours;
- On Saturday 5th September 2015 from 04:00 hours until 20:00 hours;
- On Sunday 6th September 2015 from 04:00 hours until 20:00 hours.

Please refer any queries regarding the traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email john.parsons@towerhamlets.gov.uk

Dated: 27th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

15 Bridewell Place, London, E1W 2PB **PA/15/1798/LYM**
Loft conversion.

Former, 4-8 Fashion Street, London, E1 **PA/15/1678/ADW**
Construction of a 4-storey plus basement building to provide a retail shop (Use Class A1) at ground and basement levels and offices (Use Class B1) on the upper floors with a separate entrance lobby at ground floor and a roof garden.

58-60 Redchurch Street, London, E2 7DP **PA/15/1965/ADW**
Conversion and extension of the building from general industrial (Use Class B2) to retail/cafe at basement and ground floor level (Use Class A1) and 16 room hotel on the upper floors (Use Class C1), including the addition of new partial basement, third floor and partial fourth floor.

Application for variation of Condition 2 (approved plans) of planning permission reference PA/15/00022, dated 31 March 2015, for a minor material amendment to the scheme through increasing the footprint of the basement and the use of grey brick in place of precast concrete panels on the south and west elevations at high level. Submission of details pursuant to Condition 5 (sound insulation scheme), 6 (Noise Impact Assessment), 8 (refuse and recyclables storage facilities), 9 (Delivery and Servicing Management Plan) and 10 (cycle parking facilities).

Commodity Quay, East Smithfield, London **PA/15/1774/KHA**
Application for the siting of outdoor seating and associated structures along with alterations to the fourth floor north facade for use in conjunction with existing offices, along with erection of 2 flagpoles at roof level and all other changes shown on the submitted drawings.

East India Dock, Clove Crescent, London E14 **PA/15/1879/ADW**
Alterations to the Grade II listed boundary wall comprising the introduction of two new arched openings for pedestrian access.

Horseshoe Close, London, E14 **PA/15/1854/BMC**
Proposal for new construction of 7 self-contained Flats over four floors above existing car parking area.

Telephone Kiosk O/S 537 Roman Road, London, E3 5EL **PA/15/1761/KFL**
Replacement and upgrade of existing public telephone kiosk with kiosk combining public telephone service and ATM service.

28-30 Whitechapel Road, London, E1 1EW **PA/15/1866 & 1867/LYM**
Internal redevelopment of existing office space to provide flexible office units above two retail units at ground floor, including the addition of new roof lights to the rear elevation.

9-25 Mile End Road, London, E1 4TW **PA/15/1849/HDH**
Planning application for external seating area.

82 Mile End Road, London, E1 4UN **PA/15/1901/HDH**
Relocation of existing flue shaft from west (rear) elevation to east (front) elevation.

Site Bound by Raven Row, Stepney Way Sidney Street, London E1 **PA/15/01789/RLA**
Demolition of existing buildings and erection of three blocks ranging from 4 to 25 storeys in height comprising 609 residential units, commercial floorspace, 70 off-street car parking spaces, communal courtyards, associated landscaping and associated ancillary works.

Caspian Wharf, 1 Yeo Street, London, E3 **PA/15/01846/KFL**
Erection of a vehicular and pedestrian gates at Voysey Square, installation of a gated link through Block A3, retention of vehicular and pedestrian gate located at Seven Seas Gardens and erection of boundary walls and associated landscape works at Lingurian Walk.

Eighth Floor, Aldgate Place, Whitechapel High Street, London **PA/15/1885/KHA**

Change of use of the eighth floor from Class B1(a) (Offices) to a mix of Class B1(a) and Sui Generis (Courtroom), personal to the Unified Patent Court.

88 Narrow Street, London, E14 8BP **PA/15/895 & 896/KFL**
Alterations & refurbishment works (amended plans)

Nelson House, 3 Cold Harbour, London, E14 9NS **PA/15/1934/CSK**
Internal alterations to this Grade II listed building including careful restoration work to internal features and details. The proposals also include necessary work and replacement to elements of the existing structure which currently is not structurally suitable and safe following the results of a structural survey.

Newcom House, 125 Poplar High Street, London, E14 **PA/15/1764/SAE**
Erection of roof extension to create two flats (1x 1-bed flat and 1x2 bed flat,) plus associated external alterations comprising the removal of existing windows and renewal with new PVCu on the front, rear and flank elevations of the building, provision of new waste storage, cycle storage on the flank elevation of the building at ground floor level.

First Floor, 67 Vyner Street, London, E2 9DQ **PA/15/1906/JTH**
Certificate of lawfulness of existing use of the first floor at 67 Vyner Street as residential (Use class C3).

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

5 Heneage Street, London, E1 5LJ **PA/15/1898/LYM**
Small single storey extension to kitchen and installation of new sash window

21 Aston Street, London, E14 7NE **PA/15/1812/JTH**
Refurbishment of existing basement and the installation of a new glass block light well, projecting rooflight and replacement double glazed aluminium doors to the rear and increase in width of the existing opening and installation of new replacement double doors to the front of the property.

45 Alderney Road, London, E1 4EG **PA/15/1057/JTH**
Loft Conversion, rear extension at first floor level and replacement of ground floor double doors with bi folding doors

83 Wellington Row, London, E2 7BN **PA/15/1921/KHA**
Glazed rear side extension at ground floor level. Demolition of existing bathroom extension to provide enlarged garden. Insertion of glazed pivot doors to garden.

5 Lichfield Road, London, E3 5AT **PA/15/1881/JTH**
Replacement of single-glazed timber sash windows on with new double-glazed timber sash windows on the front elevation. Replacement of single-glazed timber windows and doors with PVCu double-glazed windows and French doors on the rear elevation. Installation of a roof light above the bathroom.

96 Old Ford Road, London, E2 9PW **PA/15/1860 & 1861/RLA**
Erection of a first floor extension to provide a new family bathroom, single storey side infill extension on the ground floor to provide a new kitchen/dining area and internal remodelling and modifications.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 27th July 2015

OWEN WHALLEY
Head of Planning and Building Control



ALONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Footpath adjacent to Globe Road at the junction of Portman Place, London E2 PA/15/1794/PLA

Prior approval of siting and appearance of telecommunications equipment. Replacement of existing 12.5m Elara Monopole with a 17.5m Jupiter Dual Stack Streetpole with associated ancillary development including installation of two new cabinets.

Site Bound by Raven Row, Stepney Way Sidney Street, London E1 PA/15/01789/RLA

Demolition of existing buildings and erection of three blocks ranging from 4 to 25 storeys in height comprising 609 residential units, commercial floorspace, 70 off-street car parking spaces, communal courtyards, associated landscaping and associated ancillary works.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 27th July 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011 (AS AMENDED)

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

Site Bound by Raven Row, Stepney Way Sidney Street, London E1

PA/15/01789

Notice is given that DP9 on behalf of London & Quadrant Housing Trust are applying to the London Borough of Tower Hamlets for:

Demolition of existing buildings and erection of three blocks ranging from 4 to 25 storeys in height comprising 609 residential units, commercial floorspace, 70 off-street car parking spaces, communal courtyards, associated landscaping and associated ancillary works.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from DP9, 100 Pall Mall, London, SW1Y 5NQ, Tel: 020 7004 1700 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 27th July 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – SLY STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Sly Street between its junction with Cannon Street Road and its junction with Rampart Street;

Reason: To allow works to be carried out on the public highway by LBTH.

Alternative Route: For vehicular traffic will be via Cannon Street Road, Commercial Road and Rampart Street and vice versa;

Period: From Saturday 22nd August 2015 to Saturday 17th October 2015.

Please refer any queries regarding the above traffic restriction to Mike Arnold, Street Scene Engineer, Engineering Group on 020 7364 6868 or email, mike.arnold@towerhamlets.gov.uk

Dated: 27th July 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Paul Hurley has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: 43 Brick Lane London E1 6PU

The licensable activities and timings are:
The sale of alcohol between 12:00 & 23:00 Monday to Sunday.
Provide unamplified background music to be from recording 08:00 – 23:00

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG. Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 24/8/15

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to Level 5 on the standard scale (£5000)

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Events in the Sky Ltd has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003

Premises: Marble Quay, St Katherine Docks, 50 St Katherine's Way, London E1W 1LA.

The licensable activities and timings are: Ticketed Dining Experience from 08.30am – 10.30pm, daily, between 17th and 30th September 2015.

Hot food and alcoholic and non-alcoholic beverages will be served as part of this event.

Anyone who wishes to make representations regarding this appli-

cation must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG. Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 27/08/2015

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – HAVERING STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Havering Street for a dis-

tance of approximately 30 metres, north, from the southernmost end of Havering Street;

Reason: To allow essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management on behalf of Network Rail;

Alternative Route: There are no alternative routes for vehicular traffic as it is a cul-de-sac or dead end street;

Period: On Monday 3rd August 2015 from 10:00 hours until 15:30 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 27th July 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – VALLANCE ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough

of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Vallance Road for a distance of approximately 50 metres, between its junction with Dunbridge Street and its junction with Pedley Street;

Reason: To allow essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management on behalf of Network Rail;

Alternative Route: For vehicular traffic will be via Vallance Road, Bethnal Green Road, Cambridge Heath Road, Whitechapel Road, Greatorex Street, Hanbury Street, Deal Street, Buxton Street and Vallance Road (northbound) or Vallance Road (southbound), Selby Street, Hemming Street, Dunbridge Street and Vallance Road (northbound) and vice versa.

Period: From Saturday 1st August at 22:00 hours until Sunday 2nd August 2015 at 06:00 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 27th July 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG



Inspiring kids

“Children sometimes just need direction and someone to look up to.”

SEE PAGE 36



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Out & about guide

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Leisure Centre
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Muay Thai for women
KO London, 186 The Arches,
Globe Road, E2. Sat 3-4.15 £7
concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung
system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Netball
Arbour Netball Club train at
the Parkside Leisure Centre at
Mulberry School, Commercial
Road, E1 every Monday night.
01277 811772

Rugby
Millwall Rugby Club. Men's,
women's and youth teams.
Suns, 10.30am-12pm (youth);
Mons, 7.30-9pm (adults); Weds,
7.30-9pm (men); Thurs. 6.30-
7.30pm (boys aged 7-17); Thurs,
7.30-9pm (women all ages).
www.millwallrugby.com



Wapping ladies A team, runners-up in the summer league

Silver lining for Wapping

Hockey

Wapping Ladies A 3
East London 1

IN the penultimate match of the Redbridge Ladies Summer League, Wapping's A team put in an inspired performance to beat neighbouring rivals East London and secure the silver medal spot in their division.

Smarting from their last clash with East London – their only defeat this summer – Wapping packed out their midfield to great success for the face-off with their local rivals.

Alison Chadwick, playing at right midfield, opened the scoring with an aerial shot, assisted by central midfielder

Lotta Paulus. But East London were stung and quickly equalised.

This only served to bring about a change in gear from Wapping, who then overpowered the opposition for the rest of the half.

The result of their efforts was two goals from forward Ella van den Brink, the first from a well-placed cross by midfielder Chrissie Eckhart, and a second minutes later from a brilliantly executed penalty corner.

Wapping held their lead during the second half. The team kept the pressure on and van den Brink was unlucky not to complete a hat-trick when the ball bounced away from her as she stood poised to strike at the back post.

Despite Wapping's impressive possession

of the ball throughout, East London still looked dangerous on the fast break.

The Wapping side finished the match delighted to clinch their second place finish. ■ Wapping Men's A faced local rivals Waltham Forest B on July 16. Man-of-the-match Andy Gill gave a great performance, marking Waltham Forest B's only female player throughout the game. Wapping's first goal was delivered by Sam Peel, followed by two more shots from Sjoerd Wartena that found the backboard.

Other results

Wapping Ladies B 0 Crostyx 2, Wapping Men's B 3 (David van Stolk, Ryan D'Souza and Ben Bradish) Redbridge and Ilford 1.

Rugby for children

Tag rugby (non contact) games for ages 2-7. Sats, 10am-12pm (term-time). Free trial. Victoria Park, Grove Road, E9. 01252 794150
www.trytimekidsrugby.com

Self-defence and keep fit

With freestyle Tae Kwon do. Mixed classes of adults and children every Tues 6.30-8pm & Sun, 1-3pm. Tiller Leisure Centre, Tiller Road, E14. 8310 1469 or 07950 896926

Seniors exercise

Mons, 1.30pm, line dancing;

Tues, 10.45am, workout. London Dockers Club, 6 Boulcott Street, E1. 7790 3785

Sun kune do

Mons, 7-8.15pm. Adults £4.50, ages 10-16, £3.50. Lifra Hall, 7 Halley Street, E1.

Swimming

Learn to swim (5 years +), competitive swimming skills/fitness (9 years +), and masters swimming (18 years+). Bethnal Green Sharks Swimming Club, York Hall, and Mile End Park and St George's leisure centres.

07931 782172
www.bgssc.co.uk

Taekwondo classes

Taster class £5 for adults, £3 for children aged five to 14. Adults £50-£40 per month. Easy Studio, 60-64 Kingsland Road, E2. 7033 4660

Table Tennis Club

Every Sat, 10am-12pm. Ages 11-19. George Green's School, 100 Manchester Road, E14. 7987 6032

Tiller Runners

Women's running group, all

abilities. £1.10 per session. Mon, 6.30pm. Meet at Tiller Leisure Centre, Tiller Road, E14. 7987 5211

Women's football

Train with KIKK Talang, KIKK United's development team, for ages 16+. Free. Mons, 8-9pm Whitechapel Sports Centre, Durward Street, E1. kikkतालंग@gmail.com kikkunited.wordpress.com

Women's self-defence

Mons, 7-8.15pm, £5 adults/£3.50 children. John Orwell Sports Centre, Tench Street, E1. 07949 597965

Angel yoga

Kundalini yoga for beginners every Tues, 7.30-8.45pm. £9. St Hilda's Community Centre, 18 Club Row E2. 07890 909928
satkartarkaur@rocketmail.com

Lunchtime yoga

Love Grow Do yoga classes for all abilities. £3/class. Mons 1-2pm. Tarling East Community Centre, Martha Street, E1. playgrowdo@gmail.com

Yoga & Relaxation

Helps to reduce stress and improve wellbeing. All abilities. Concs. Mons 6.30-8pm. Glamis Residents' Hall, 414 Cable Street, E1. 07966 510290

Yoga class

Fri, 10.30-11.30am. Free. Alpha Grove Centre, Isle of Dogs, E14 7538 1714

Yoga Creation E14

Ashtanga, Vinyasa, Hatha yoga classes (£10-£14), courses & workshops. For beginners to advanced, 7 days a week. Pregnancy yoga, £13. 7517 9183
www.yogacreation.co.uk

Women's Yoga

Free classes, donations welcome. Take your own mat. Fri, 10.30-11.30am. Alpha Grove Community Centre, Alpha Grove, E14. 7538 1714

Yoga, Pilates, tai chi & Zumba

Classes from £2-£5. The Brownfield Community Cabin, 82 St. Leonards Road, Poplar, E14. 3069 7401

Dynamic flow yoga with gong meditation

Thurs 6.5-7.15pm. Yoga Nest, 27 Old Ford Road, E2. 07780 861312
anna_o@hotmail.co.uk

If you have a date for our Out and About diary, send the details to eastendlife. news@towerhamlets.gov.uk



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 34

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Coach steps down for Lions to reach the top

BY PETER FAULKNER

IT'S all change at the London Lions with the basketball team getting a new coach, a new signing – and a new dream of playing in Europe.

The summer shake-up began with head coach and owner Vince Macauley stepping down and handing the reins to league legend Nigel Lloyd.

It continued with the news that Kai Williams, the 6ft 6in guard/forward who helped Worcester Wolves win the BBL Trophy and the Play-off Championship in 2014, was joining the club.

Macauley said he was stepping down so that he could concentrate on taking the Lions to the next level – and this included European basketball at the Copper Box Arena.

"I have spent three years in London trying to get us to the top of British Basketball, having taken the team to the play-offs in the last three seasons," he said.

"I feel my time is now best

spent off the floor, as since carving our way in London, we now have lots of commercial opportunities and it is my dream to take the club to the next level.

"We would like to have the credentials to be able to enter European competition within the next three years.

"I believe that this will be possible if we continue to grow the club, the fan base, the grassroots and bring on board more sponsors who want to see basketball in this country develop.

"I am delighted to pass the baton on to Nigel, who will be assisted by Robert Youngblood and Laurent Irish, which speaks volumes about the coach development structure we have created here.

"Nigel is a fantastic leader and believes in my vision for the club.

**New signing
Kai Williams**

I feel so lucky to have appointed three coaches who have the same love and passion for this beautiful game as I do!"

Lloyd has just returned from coaching the Barbados national team in the Caribbean Championships and is no stranger to winning in the BBL. A former league 'most valuable player' and championship winner many times, Lloyd previously coached the Milton Keynes Lions.

Robert Youngblood just last season won the EBL Division One championship with the Essex Leopards and was looking for greater challenges. He was a multiple winner with the original London Leopards and London Towers as a player.

Laurent Irish, a fans' favourite, has been ever-present for the Lions in their three seasons, and heads the club's development structure. A seat at the bench was the next step as he stepped down from playing.

"I'm excited to be back as a head coach in the BBL," Lloyd said.

"The club has asked me to take a fresh look at the playing side of things and how the game has developed across the country and to react accordingly. I want to try and add some young English players to the team, plus work hard to capture that team chemistry that all successful clubs look for."

About Kai Williams, he said: "I believe Kai has a unique skill set to go with his size at his position, he's very athletic and shoots the ball extremely well. He is a team-orientated player and will be a good addition to our squad this season."



Robin Hood Tigers and London Tigers in action

Football Claws are out as Tigers roar

THE Inner London Football League's Summer League resumed after the Ramadan break with a clash of the Tigers at the top of the Premier Division.

Robin Hood Tigers and London Tigers went head to head in a tense early kick-off, knowing the losing team would certainly be out of the title race.

At half time, it was a nervy 0-0 but a penalty was awarded to Robin Hood Tigers with just seven minutes to spare. Top goal scorer Chaka Barnett neatly tucked the ball away past an outstanding London Tigers goalkeeper and they held on during the final few edgy moments to practically end their opponents' hopes of winning the division.

Lotus FC kept up the chase on Robin Hood and ended SCTA's hopes of winning the division with a 2-1 victory. Having led the game 2-0, SCTA pulled a goal back near the end and almost secured a draw, but Lotus held on. They sit three points behind Robin Hood with a game in hand and could still pip Robin Hood to the title on goal difference.

The first division's only fixture saw ACE maintain their 100 per cent record as they beat Jack Barry St Germain 3-0.

Cricket Sam is UEL hero

THE University of East London continues to set the cricket world alight after winning promotion for the third successive season.

They did it with a one-sided 166 run over Essex University – the only team that could have prevented them from winning the British Universities and Colleges Sport South Eastern 2B title.

Sam Foster's magnificent century helped UEL reach 276-8 – a total that always looked too much for Essex, who were bowled out for just 110.

UEL won four games and lost just one this season, beating the University of Kent, University College London and Middlesex University, to secure top spot.

The promotion followed a rewarding indoor season, in which UEL finished as runners-up in the South East Region group stages, narrowly behind Canterbury Christ Church University.

Boxing Awesome 4some



Sam McNess

FOUR former Repton boxers went on parade in the professional ring last week – and they all won.

At York Hall, Bethnal Green, Tom Baker made it 12 wins out of 12 with an impressive points win over Darren Cousins in his first fight at light-heavyweight.

On the same bill stable-mates Sam McNess and Luqman Patel also won.

McNess started his pro' career in style with a first round win over Aaron Robinson and Patel enjoyed a narrow points win over Brett Fidoe.

Up at the Manchester Arena the ex-Repton theme continued with super-flyweight Charlie Edwards outpointing Spain's Juan Hinostroza.

East London Hockey to celebrate

EAST London Hockey Club is about to celebrate its silver anniversary, 25 years of providing competition for Tower Hamlets athletes.

It all started in September 1991 when the club ran one men's and one ladies' team and competed in their first league games. Since then, they have developed and expanded – there are now eight men's teams and the top six have all won promotion.

The ladies section is flourishing and a seventh ladies team is being entered in the league for the coming season. And two

mixed teams play on Sundays.

New players of all abilities are welcome, from age 16 to 96, and are encouraged to attend East London's trials on August 1 ahead of the new season (especially goalkeepers).

Everyone who wants to play will be guaranteed a place, it's just a matter of finding the right team.

Trials are at Lee Valley Hockey and Tennis Centre, Eton Manor, the home of England Hockey in the Olympic Park.

Ladies' trials are 9.30am-12noon and the men's trials



are 12.30-3pm. The day will consist of a mix of drills and small-sided games.

Take a stick, shin pads, a gum shield if possible, and a bottle (there is a tap by the pitch).

Take some food, as there is

a picnic afterwards outside the Olympic Velodrome.

For further details visit www.elhockey.co.uk

Youth training resumes at Lee Valley on Sunday, September 6.



Make a date

The Rio Olympics begin on August 5, 2016 with 17 days of non-stop action.

SEE BELOW



Perri's Disney adventure

Perri Shakes-Drayton and Greg Rutherford, left, have both been busy mentoring youngsters as part of the Disney Aim High campaign and encouraging them to take up sport.

SEE BELOW



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Will Perri be ready for Rio carnival?

BY PETER FAULKNER

PERRI Shakes-Drayton has not given up on her dream of becoming a champion again. Her days as a world class hurdler may be over, but she is still aiming high.

The cruciate ligament and cartilage injury to her left knee that left the 2012 London Olympics poster girl at the mercy of a surgeon's knife, has almost certainly ended her career over the 400m hurdles.

Now the 26-year-old Tower Hamlets and Victoria Park Harrier, who trains at Mile End

Stadium, has two aims – to run for gold at the Rio Olympics in 2016 and inspire youngsters in her role as Disney Aim High ambassador.

Shakes-Drayton has so far spent almost two years trying to recover from the devastating injury she received in the 2013 Moscow world championships.

The former Bishop Challoner pupil has been on an intensive rehabilitation programme that has been "slow and frustrating".

The former European and World Indoor gold medalist knows the injury may have ended her hurdling career.

Coach Chris Zah was told by former Commonwealth 110m hurdles champion Tony Jarrett that he came back from the same injury but his trail leg was never the same.

That may have convinced Zah that Perri's hurdling career is possibly over and, providing she regains full fitness, she will try to qualify for the 400m flat.

This will also throw up the intriguing prospect of a possible rivalry with fellow British runner Christine Ohuruogu, who shares a great relationship with Shakes-Drayton.

"I can't rush, everything has to be gradual and very sensible," said Perri.

"I want to return to the

world-class stage and fulfill my potential. I know there are opportunities ahead and I want to come back with a bang.

"We're just working on the weaknesses and trying to get my knee as strong as possible.

"When I see others competing it does give me that fire and fuel to be the best I can be.

"I am being very cautious and sensible – which is really testing my patience – but it is for the best in the long run and the big goal is the Brazil Olympics.

"Injuries are tough both mentally and physically but I think it's mind over matter; it feels like a big part of you has been taken away.

"But I do see the light at the end of the tunnel. I've got that mental strength and positivity to carry on where I left off."

Shakes-Drayton has kept herself busy mentoring youngsters as part of the Disney Aim High campaign.

She said: "I am passionate about getting youngsters

involved in sport. I'm giving them knowledge and sharing my experiences. They should reach for their goal. It takes a lot of hard work and that is experience I have myself.

"I've worked hard and have shown certain attributes and the attitude it takes to be successful, but it's not only in sport – it's education as well.

"Children just need to believe and sometimes they just need that direction and someone to look up to."



I am being cautious and sensible, which is really testing my patience!"

Perri Shakes-Drayton

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